
From Our Pastor

The General Conference is the top policy-making body of The United Methodist Church. It is the voice and law of our denomination. It is global in structure and its membership is equally divided between clergy and laity. The General Conference convenes every four years and an updated Book of Discipline is published every four years. The General Conference 2020 will take place May 5-15, 2020, at the Minneapolis Convention Center in Minneapolis, Minnesota.

The Council of Bishops has called a “Special Session” of the General Conference of The United Methodist Church to be held February 23-26, 2019 in St. Louis, Missouri. The purpose will be to act on a report from the Council of Bishops based on the recommendations of the **Commission on a Way Forward**. The 32-member Commission was appointed to examine paragraphs in *The Book of Discipline* concerning human sexuality and exploring options to strengthen the unity of the church. They were tasked with two challenges. (1.) Will the UMC make it possible for same -sex marriages to be performed by our pastors and accepted in our church and (2.) Will self-avowed, practicing homosexuals be able to become ordained in the UMC.

I, as your pastor, have held a lecture on this topic, offered a sermon series on this topic, have held an educational night on this topic and have met with groups within the church and with individuals. I am always available to speak with any of you on this topic and to educate you as to the particulars of the plans that will be submitted at the called conference

If you want more information --- you can simply go to the VAUMC website and click on Resources and then go to the 2019 General Conference page. You will then be able to navigate through a host of educational sources. You will be able to read for yourselves the three plans that will be submitted. Also, I have included in this newsletter, the contact information for our Virginia Annual Conference delegates. You can let them know how you feel if you so choose.

I ask that each one of you be in unceasing prayer for these delegates and that they will hear the clear voice of God in their discernment during this pivotal point in the history of the United Methodist Church.

I pray that after the decisions are made that we, as the body of Christ called Burnt Factory UMC, will be able to let the dust clear, process the information, pray, and then move forward as God would lead us; what-ever, where-ever, and how-ever that may be.

Virginia Conference Delegates to the 2019 Called General Conference Session

Clergy

Berlin Thomas Rev. tberlin@florisumc.org

McNabb Meredith Rev. meredithmcnabb@vaumc.org

Honeycutt Denise Rev. Dr. jdenisehoneycutt@gmail.com

Brown, Jr. Clarence Dr. Cbrown@stlukesyorktown.org

Estep Tammy Rev. tammyestep@vaumc.org

Smith Ted Rev. Dr. RappahannockRiverDS@vaumc.org

Rosario Ileana Rev. ileanarosario@vaumc.org

Moon Peter Rev. petemoon@vaumc.org

Soulen Kendall Dr. kendall.soulen@emory.edu

Ogren Mark Rev. markogren@vaumc.org

Vaughn Rob Rev. Dr. drrobvaughn@gmail.com

**PASTOR'S ARTICLE
CONTINUES
ON THE FOLLOWING
PAGE.....**

Reserve Clergy

Kim Seonyoung Rev. seonyoungkim@vaumc.org

Cooper Bob Rev. bobcooper@vaumc.org

Laity

Stokes Martha Ms. marthaestokes@gmail.com

Harper Warren Mr. wrscharper@gmail.com

Cauffman Shirley Ms. shirley.cauffman@comcast.net

Bishop Nathaniel Mr. nlbishop@jchs.edu

Greer Virginia Ms. vgreer10@su.edu

Amon Darlene Ms. dvamon@aol.com

Winston Joyce Ms. buckrowbeach@gmail.com

Mims Gene Mr. gene.mims@comcast.net

Christian Beth Ms. bethchristian@vaumc.org

Malloy Alison Ms. alisonmalloy@gmail.com

Bailey Marshall Mr. marshall@baileyva.com

Reserve Laity

Burian Lawrence Mr. llburian360@gmail.com

Paysour Jacob Mr. jpaysour@gmail.com

**PASTOR'S
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Pastor Steve



UNITED METHODIST WOMEN



This new year is full of opportunities for mission both here in our area and other parts of the world, actually. We continue to support Project Esperanza in the Dominican Republic. We are thinking of ways we can keep those children aware of their friends here in Virginia.

At our **Ministry Fair on Sunday, February 24th** in the Social Hall/Narthex, the UMW display will offer information about many of the ways we care for and support groups that we know are in need of help.

We are so appreciative of the generous monetary gift the UMM gave us. It will go far in helping those groups we support throughout the year. The Apple Butter project back in October was a time of unity in our church, sponsored by the UMM, and by helping both Thursday and Saturday we were rewarded with some of the profits! It was a win-win situation. Thank you, men, for including us in the work force – and the profits!!

Before our February 21st meeting, we will need to sign up for the **Annual District Prayer Breakfast Saturday, March 2, 2019** at 9 am at the Clarion Inn and Conference Center in Winchester (same place as always). Tickets are being handled differently this year. Reservations are now ticketless! Seating will be handled by reserving your unit and **attendee names** by mailing a registration form by February 20th. Cost is \$13. I'll let you know about the mission donation items that we will collect for selected local mission ministries. More about that at the February meeting. A sign-up sheet is in the Social Hall. We have to have names this year. Checks can be made to BFUMW and our treasurer, Anne Perrault, will send in the money. A money bag will be by the sign-up sheet. This is a good time to gather with friends and hear the Rev. Nancy Robinson, former missionary who has served in Sierre Leone. The Harmony UMC Choir will be the musical guests.

We are looking forward to **our first meeting of the new year on Thursday, February 21st**. We will start off the year with a Call to Prayer program, led by Doris Duvall. She always presents interesting words of wisdom and facts about UMW and their past. No one signed up for refreshments. Maybe someone would like to share that with me. Put this meeting on your calendar. We only meet 6 times a year and we like everyone's input when we make decisions. Invite a friend to come with you! Be a part of sharing God's love with others.

Blessings, Polly Duvall, president



1 st	Larry Dick	3 rd	Layla Hall	5 th	Sonny Sibert
8 th	Charlie Shepley	10 th	Paul Shoremount & Sue Wells		
11 th	Buddy Willis	14 th	Amanda Simmers	15 th	James Hardesty
	16 th	John Nevitte Renner & Hayden Stinnette & Ken Wales			
17 th	Lillian Hardesty	18 th	Ruth Ann Snyder & Bob Gallagher		
19 th	Ed Cooper	20 th	Barbara Cooper & Evan Taylor & Rhonda Snyder		
21 st	Mike Repine & Zoe & Jackson Carroll		22 nd	Chad Earhart	
23 rd	Denise Repine	24 th	Lilly Reed	25 th	Shelley Snider
26 th	Mary Lou Wales	29 th	Harper Davis	30 th	Audrey Sutphin



14 th	Bob & Kathy Hunt Ron & Jo Anne Baker
18 th	Dave & Marcia Darsie
20 th	Bob & Donna Gallagher
21 st	Fred & Rhonda Snyder

Have you given your e-mail address to Keith Roberts?

Pastor Steve has special notices he needs to send to those who attend Burnt Factory. The notices will include not only prayer concerns, but also schedule changes during bad weather.

Keith keeps an e-mail list in his computer for just such purposes. Your e-mail address is protected and e-mails are sent, recipients not disclosed, to protect your privacy.

Kindly send your e-mail address to Keith Roberts at john.k.roberts@comcast.net with the message:

“ADD ME TO THE CHURCH EMAIL LIST”

Thank You

The Laurel Center

THEIR MISSION is to empower victims of domestic and sexual violence by providing emergency housing, advocacy, support services and education. They reach out to the community through education and awareness programs.

THEIR VISION: Working together in our community to stop the cycle of domestic and sexual violence

Brothers and Sisters in Christ, it's a blessing to be able to share our gifts with the Laurel Center, on Sunday February 17th.

Currently, the Center is in need of the following items: **COLD MEDICINE, PAIN RELIEF, SPRAY DISINFECTANT, AIR FRESHENER SPRAY AND SWIFFER WET JET LIQUID. SPORT BRAS AND SLIPPERS IN ALL SIZES** will be very welcomed.

Please place your donations in the red bins in the Narthex.

Peace and Joy, Donna Gallagher



February Faith Community Nurse Article

February is American Heart Month

be kind to your heart and love on one another.

Who should think twice about shoveling snow?

Snow shoveling can be dangerous - in **healthy** men, snow shoveling increases heart rate to 179, systolic blood pressure to 181, energy expenditure is about 9 METS which is higher than maximal stress test exertion for many people. If you lift the shovel 12 times per minute at 16 pounds per shovel that equals 16 pounds in 10 minutes!!!

THOSE MOST AT RISK FOR A HEART ATTACK INCLUDE:

- Anyone who has already had a heart attack
- Individuals with a history of heart disease
- Those with high blood pressure or high cholesterol levels
- Individuals leading a sedentary lifestyle

At least 75,000 heart attacks occur each year during or shortly following strenuous physical exertion. About 1 in every 3 of those are deadly.

When you shovel snow, you tend to hold your breath as you lift. That increases pressure in your chest and reduces blood flow to your heart. At the same time, cold air constricts your blood vessels. All of this pushes up your blood pressure and forces the heart to work even harder. If your heart arteries are damaged or partially blocked with plaque, these things can combine to set you up for a heart attack.

What about snow blowers? Using a snow blower can elevate your heart rate to 120 beats per minute and if you have a heart condition, that could still be a problem.

Bottom line - if you have heart disease and you don't have to shovel snow, then don't!!

"Above all else, guard your heart, for everything you do flows from it."

Proverbs 4:23

Until the next time ... Blessings to you and yours,
Theresa

You can reach me at any time by e-mail at tgilbert@afpdocs.com or theresa.h.seddon@gmail.com or by phone at (540) 247-5612.

As your Faith Community Nurse, I am here to serve as a bridge to better health, meeting the wholistic healing mission of the church by partnering with the Pastor as a healer of the spirit, mind and body.



KID MIN CONNECTION

"We Love, Because He First Loved Us" What a wonderful scripture from John that reminds us that God loves us so very much that our hearts are overflowing with love to give back! I am so very blessed to be able to love with the Love of God and let that flow throughout our congregation. Happy **LOVE** month!

Carrie

February is the beginning of our new Kid-Min year!

We will continue to teach using Unshakable Hope in the Nursery and Children's Church.

DATES TO TAKE NOTE 🎵 **OF:**

Children's Choir and Little Singers:

February 10:	4-4:30	Little singers
	4:30-5	Children's Choir
February 24:	4-4:30	Little Singers
	4:30-5	Children's Choir
March 10:	4-4:30	Little Singers
	4:30-5	Children's Choir
March 24:	4-4:30	Little Singers
	4:30-5	Children's Choir



Little Singers



March 31 Children will sing during Services 8:30 Service Little Singers, 11am Service Children's Choir

Ash Wednesday Service March 6th 7pm: We will have a special Children's Church service as well as nursery for this important beginning to the season of Lent.

VBS: June 24-28 - 6-8:30pm ****

Summer Camp: July 8-10 - 9-1pm

I am excited for this new and wonderful new year and I can't wait to see what God has planned for us all!

Carrie Fair

Director of Children's Ministries



CCAP, the Congregational-Community Action Project, is a cooperative ministry of 45 area churches and one synagogue serving Winchester and Frederick County that have joined together to provide financial, material and supportive assistance to people in need. CCAP is located at 112 and 106 S. Kent Street.

Thank you for generous support for our **January CCAP Day**. We collected 28 pieces of men's long underwear, 4 sweat suits, 116 pairs of socks, 51 pair of underwear, 19 t-shirts, and 4 pair of gloves!!! All of these items were New!! We also collected 2 heavy, warm coats and several additional pieces of clothing, pantry items and many small toiletry items that will be perfect for shower day. All of these items are in such demand at CCAP. *"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me"* (Matt.25:40).

Our next collection will be for **Easter Baskets**. CCAP expects to give away over 400 baskets. More information about our collection will be in next Month's newsletter and in the bulletin as the collection day nears.

On Sunday, January 20, at our **monthly CCAP lunch**; Karen and Randy Willis and their team served over 25 clients. It was a really cold day, but a warm meal of soup and ham sandwiches along with desserts, fruit and take away snacks was served. There was also plenty of warmth generated when they "Shared the love of Christ with all People." Our next Sunday Lunch will be served on February 17 starting at 12:15 at CCAP. Donna Gallagher will be the team lead for this meal. We would love to have more volunteers for preparing food and serving. If you would like to be part of the February meal at CCAP, please contact Donna at D1028gal@yahoo.com or 540-431-9027.

Notes from the January quarterly CCAP Mtg:

- 564 families received turkeys and all the fixings for Thanksgiving. At Christmas, 371 families received turkeys. The blankets our church collected at our Thanksgiving Eve Service provided new blankets for many families during the Christmas giveaway.
- The Slate of Officers for 2019 were voted in: President – Frances Salmon, Vice President – Robin Russell, Secretary – Mary Hall, Treasurer – Linda Bishop and At Large Members – Joe Lewis, Judy Bogner and Bob Brock.
- CCAP Hours added on Monday evenings. The main building is now open Monday evenings from 5-7:30 for those who work and cannot come in during the day. The goal is to also open the Pantry during the Monday hours. Once all volunteers are in place, the public will be notified.
- Clothing volunteers are needed to sort!! Our very own Robin Russell was elected Vice-President of CCAP and will now be coordinating the Clothing area. We are also looking for volunteers to come in on a Saturday to help sort clothing. In December alone, 1,538 clients were served in the clothing areas.
- In the last quarter of 2018, 12,132 clients were served in the pantry area. Many volunteers are needed to serve this many people.
- The Baby/Toddler Room is still looking for volunteers on Thursday and Friday mornings from 8:30-noon. If volunteers are not found, this room will not be open on those days.

Please contact me if you would like a tour of CCAP or if you have questions about volunteering or donating.

Many Thanks,

Patty Leonard

ricpat5@gmail.com or 540-664-6973.

RELAY FOR LIFE

February 2019



National Cancer Prevention Month takes place in February...World Cancer Day is aimed at uniting the world's population in the global fight against cancer. These observations and initiatives serve to increase awareness and empower people to live healthier lives.

We have several events coming that will lead up to the **BIG EVENT** on June 14th. Christina and I hope that if you are not already a member of the *Believers Team* that you would consider joining us (see directions below). The following is a list of our upcoming events.

- **February 3, 2019** we will be having a Souper Bowl fundraiser. After both services, we will be selling quarts of homemade vegetable, chicken noodle and potato soup for \$7.00 each. We will also be selling country ham sandwiches for \$4.00. If you purchase a quart of soup and a ham sandwich the cost will be \$10.00. We will be in the kitchen selling the soup and sandwiches out the window.
- **May 18, 2019 Yard Sale** (See details below)

If you have not joined our *Believers Team* and would like to, you can register on line at relay.acsevents.org and then,

- Click on "Join this Relay"
- Create an email account or log in if previously registered
- Choose Winchester Frederick
- Choose team "The Believers"

If computers are not your thing, you can call (877-957-7848), or fill out a registration form and give it to either Theresa Gilbert or Christina Rohrbach.

The theme for 2019 Relay is "**CARNIVAL**" so put your thinking caps about campsite decorating ideas.

We Hope that you will join our team and sincerely thank you for your support!

Theresa Gilbert and Christina Rohrbach, Co-captains



YARD SALE
to benefit
RELAY FOR LIFE
May 18 8am-2pm
Stonewall Ruritan Building



We are excited to be having a yard sale. Start going through your closets, attics, and basements for donations. Please no clothes or electronics. Remember "your junk is someone else's treasure." Donations will be accepted Friday, May 17 between 3:00pm and 8:00pm. More information to follow. **Contact is Karen Willis.**



A FUNNY STORY Shared by BUDDY

A duck walks into a store and asks the manager if he sells grapes. The manager says no, so the duck leaves. The next day the duck goes back to the store and asks the manager if he sells grapes. The manager says, "NO, we don't sell grapes," so the duck leaves the store. The next day the duck goes back to the same store and asks the manager if he sells grapes. The manager is furious now and says, "NO, WE DO NOT SELL GRAPES! IF YOU COME BACK AND ASK IF WE SELL GRAPES AGAIN, I'LL GLUE YOUR BEAK TO THE FLOOR!" The next day the duck goes back to the same store and says to the manager, "Excuse me, do you sell glue at this store?" The manager says, "No, we don't sell glue." The duck replies, "That's good. Do you sell grapes?"

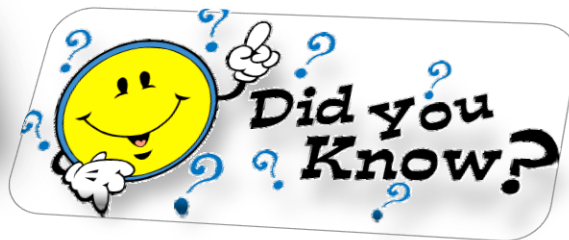
A FEW JOKES Shared by BUDDY



Q: Why are pigs so bad at football
A: They're always hogging the ball

Q: Why do coaches like punters?
A: Punters always put their best foot forward.

Q: What should you put in the end zone to keep the other team away
A: A scorefrow



If you would like to have you and your family's names in the birthday and anniversary list of the newsletter, just let me know and I'll be glad to add everyone.

Just give me the names and birth day (no year necessary ☺) and the anniversary day (also no year necessary ☺).

ALSO:

If you would like to receive the monthly church newsletter in your e-mail, just let me know and I'll add you to one of my groups. All I need is your e-mail address.

And.....you receive it in **color!** 😊

Charfy



Burnt Factory United Methodist Men February 2019 Newsletter



Did you know that February is Heart Havens Month?

Everyone is part of the body of Christ, and that's true for people with a developmental disability, too! Heart Havens is all about helping the people that this ministry supports to be parts of the Body across the Virginia Conference, both at church and in their communities.

February is the month set aside by the Virginia Conference for Heart Havens to tell their story of joy and empowerment. At Heart Havens, they know that home is more than just a house. Home is your friends, your church, and your neighborhood. It can be a game of corn hole in the back yard or bowling at an alley across town. It can be a barber shop uptown where you talk sports with the guys, or a coffee shop with your best friend on a Saturday afternoon. Home is feeling like you belong, and that's where your heart is.

Heart Havens is a non-profit organization that provides residential support to adults with a developmental disability, but it's so much more than just a roof and a bed. At Heart Havens, people are empowered to discover what they love and to pursue their hopes and passions. Whether that's getting involved in community theater, giving back to the community through a pet food drive, or simply having a party with friends, Heart Havens support people with a developmental disability as they make their goals and dreams happen.



*Jim Green Memorial
Bowl-a-Thon*
Saturday, February 23, 2019
12 Noon – 3:00 PM
NORTHSIDE LANES



The Winchester District United Methodist Men will sponsor the Jim Green Memorial Bowl-A-Thon on February 23rd from Noon to 3:00 PM at Northside Lanes. Teams of four will bowl three games each in an effort to raise funds for Heart Havens. The cost of bowling and shoe rental for three games is \$11 per bowler.

WHAT ARE WE ASKING YOU TO DO TODAY OR ASAP?

1. Field one or more teams of 4 bowlers per team to bowl 3 games. Or, if three games are a little too much you can bowl one or two games.
2. Designate a coordinator for your teams who will collect the pledges from your team members.
3. Hand out Individual Pledge Sheets to your bowlers to solicit sponsors.
4. Anyone in your class or group not bowling can help your team by getting sponsors and pledges from family members, friends and neighbors.

Please let me know right away if you are interested in participating as this event usually fills up quickly.

Our next Burnt Factory UMMen meeting is March 21st at 7:00 PM at the church.

If anyone has any questions, feel free to contact me (540) 207-7404; tamtut@comcast.net.

Steve Cunningham
President, Burnt Factory UMMen

From a branch on the Vine,

Recently, I saw a young woman in our congregation take a moment to speak with some visitors to our church. Inspiring! How easy it would have been to go collect her kids and head out the door. Someone else may have welcomed the visitors – hopefully; but, she recognized the someone was her. This is not inspiring for its rarity; for, I have witnessed it many times. It is inspiring because I saw God move out from a person to connect with another person. That never gets old!

Friends, each of us is an inspiration - living as a light for strangers and friends - and we can be inspired by God working through others.

Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. Matthew 5:15-16

Could you use a little inspiration? Are expectations and duties becoming an uphill battle? Getting tired? Tired of the exhaustive effort life demands – with little appreciation? Why can't there be peace and good people win and lions and lambs lay down beside one another? Serenity in life sounds great. Is it possible? Possible – yes; probable – not so much. Do you want reality to have a happy ending? It can and it does because God promised it would. In His final hours in the Upper Room with His disciples, Jesus says, *“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world. (John 16:33)”*

God is a promise-maker and a promise keeper:

³ *And I heard a loud voice from the throne saying, “Look! God’s dwelling place is now among the people, and he will dwell with them. They will be his people, and God himself will be with them and be their God.”* ⁴ *‘He will wipe every tear from their eyes. There will be no more death’ or mourning or crying or pain, for the old order of things has passed away.’* ⁵ *He who was seated on the throne said, “I am making everything new.”*

Revelation 21:3-5

We are the testimony to God as revealed through His Son, Jesus Christ:

¹⁷ *Join together in following my example, brothers and sisters, and just as you have us as a model, keep your eyes on those who live as we do.....* ²⁰ *But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ,* ²¹ *who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body. Philippians 3:17;20 -21*

Lift your Spirits as you set your eyes upon Jesus. See the example of those around you who embrace what God has promised them. Be the living word of God by your example to me and others who need a reminder that we live forgiven lives built on the Unshakable Hope of God’s promises to His people.

In Christ, *Rob*

Isaiah 41:10

¹⁰ *So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.*





February 2019 Church Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AFTER BOTH SERVICES on SUNDAY, FEBRUARY 3RD “The Believers” Relay for Life Team will hold a Souper Bowl and Country Ham Sandwich Fundraiser					1 Printing February Newsletter	2
3 8:30am-Worship 9:45am-Children’s Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children’s Church	4	5 6:00pm-CHOIR 7:30pm-SONrise Singers	6 9:00am-12:30pm Pastor’s Office Hours	7 6:30pm-Bell Choir Downstairs 7:00pm-Boy Scouts Fellowship Hall	8	9
10 8:30am-Worship 9:45am-Children’s Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children’s Church Confirmation Classes Begin 4pm-4:30pm – Little Singers 4:30pm-5pm – Children’s Choir	11	12 6:00pm-CHOIR 7:30pm-SONrise Singers	13 9:00am-12:30pm Pastor’s Office Hours	14	15	16
17 The Laurel Center Collection Day 8:30am-Worship 9:45am-Children’s Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children’s Church	18 6:30pm-RFL Team Captain Meeting at Calvary Baptist Church ALL WELCOME	19 6:00pm-CHOIR 7:30pm-SONrise Singers	20 9:00am-12:30pm Pastor’s Office Hours 7:00pm-Worship Team Lower Cottage	21 7:00pm-UMW Fellowship Hall	22	23
24 8:30am-Worship 9:45am-Children’s Praise and Worship 9:30am-10:30am Ministry (Missions) Fair Social Hall/Narthex 11:00am-Worship 11:00am-Children’s Church 4pm-4:30pm – Little Singers 4:30pm-5pm – Children’s Choir	25	26 6:00pm-CHOIR 7:30pm-SONrise Singers	27 9:00am-12:30pm Pastor’s Office Hours NEED March Newsletter articles by 3pm-TODAY	28	FRIDAY, MARCH 1ST PRINTING MARCH NEWSLETTER	

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BURNT FACTORY
UNITED METHODIST CHURCH
NEWSLETTER



2019

