

SMOKE SIGNAL



OUR MISSION STATEMENT:
SHARING THE LOVE OF CHRIST
WITH ALL PEOPLE

BURNT FACTORY UNITED METHODIST CHURCH
MARCH 2019 CHURCH NEWSLETTER
STEPHENSON, VA 22656
C. STEVEN MELESTER, PASTOR

*"LET YOUR LIGHT SHINE BEFORE MEN THAT
THEY MAY SEE YOUR GOOD DEEDS AND
PRAISE YOUR FATHER IN HEAVEN."
~MATTHEW 5:16*



Ash Wednesday is March 6th this year and marks the beginning of the season of Lent. Lent is a time when many Christians prepare for Easter by observing a period of fasting, repentance, moderation and spiritual discipline.

Ash Wednesday emphasizes two themes: our sinfulness before God and our human mortality. The service focuses on both themes, helping us to realize that both have been triumphed through the death and resurrection of Jesus Christ.

During some Ash Wednesday services, the minister will lightly rub the sign of the cross with ashes onto the foreheads or hands of worshipers. The use of ashes as a sign of mortality and repentance has a long history in Jewish and Christian worship. Historically, ashes signified purification and sorrow for sins.

Some churches save the palm branches from the previous Palm Sunday service to burn to produce ashes for this service. The ash cross on the forehead is an outward sign of our sorrow and repentance for sins.

I hope you will consider attending our Ash Wednesday service on March 6th at 7:00.

*Grace and Peace
Pastor Steve*

March Birthdays

- 1st Chubby Weir
Donna Bonjo
- 3rd Melanie Melester
Ezra Cisneros
- 4th Greg Bigler
- 6th Logan Clemons
Nicolas Wagoner
- 7th Charly Winter
Gary Dixon
- 9th Johnny Morrison
Ariella Cisneros
- 10th Joy Melvin
- 12th Tara Flinchum
- 14th Gavin Tran
- 15th Ben Perrault
Katie Moss
Ed Simmers
- 16th Boo Snider
Jack Mowery
- 20th Rennie Earhart
Tyler Beaver
Millie Hood
- 24th Casey Heinlein
- 25th Beth Beaver
- 27th Carter Gerometta
- 28th Joe Hulver
- 29th Charlie Woods
- 31st Jordan Clemons
Cynthia Ward



March Anniversaries

- 14th Ray & Frances Taylor
- 17th Chubby & Helen Weir
- 25th Ed & Deanna Simmers

Have you given your email address to Keith Roberts, yet?

Pastor Steve has special notices he needs to send to those who attend Burnt Factory. The notices will include not only prayer concerns, but also schedule changes during bad weather.

Keith keeps an e-mail list in his computer for just such purposes. Your e-mail address is protected and e-mails are sent, recipients not disclosed, to protect your privacy.

Kindly send your e-mail address to Keith Roberts at john.k.roberts@comcast.net with the message:

"ADD ME TO THE CHURCH EMAIL LIST"
Thank You

The Laurel Center

The Outreach Committee was pleased to deliver a substantial amount of OTC medicine, slippers, disinfectants and other sundries to the Laurel Center. An extra blessing was a donation of lovely handmade caps.

Thank you all for helping to satisfy their Wish List.

Peace and Joy
Donna Gallagher



Located just over an hour from our church, Camp Overlook is a retreat center supported by the United Methodist Church. Many of our Children and Youth have participated in their Summer Camp Programs, and your church will contribute financially to help any camper who wants to go. More detailed brochures are located in the Fellowship Hall or please contact Rob Moss (ram288@comcast.net) if you have any questions. Discounts are available for early registration and/ or multiple family members.

Meet God on the Mountain, www.campoverlook.org.



The Food Pantry is in need of the following items: **CEREAL, POP TARTS, JELLY, PEANUT BUTTER, HAMBURGER HELPER, CANNED CHICKEN, CANNED TUNA, BAKED BEANS, MASHED POTATOES, STUFFING, CRACKERS, SPAGHETTI SAUCE, SPAGHETTI, RICE, CANNED VEGETABLES, SOUPS AND FRUIT.**

Please place items in the red bins March 10 and 17. Donations are greatly accepted.

Karen Willis

United Methodist Women March Newsletter

Unfortunately, the uncertain weather kept us from having our scheduled meeting on Thursday, February 21st. It will be held on the 28th. At that time, we will start off the year with a Call to Prayer program, led by Doris Duvall. We will work on a few little projects that will be taken to the Project Esperanza children when the Crolls visit there mid-March. They will see first-hand what we have spent time and money on as we have made these children a priority mission project. Our church sponsors 15 children and there are individuals who also contribute monetarily toward their care.

We hope you checked out our UMW display Sunday, the 24th at the Ministry Fair in the Fellowship Hall and Narthex. Many groups displayed information about the opportunities available!

We have 13 going to the annual Winchester District UMW Prayer Breakfast on Saturday, March 2 at the Clarion Inn. We will hear the Rev. Nancy Robinson, former missionary who has served in Sierre Leone. The Harmony UMC choir will provide the music. The attendance for this event usually fills the room – the largest event on the district. We will bring donations for CCAP here in our area and Mobile Hope in Loudoun County. It's always a special time to share time with other UMW members and sit with our own unit members. There's good food, good fellowship and a good spiritual experience! A couple of hours well spent!!

Blessings, Polly Duvall, president

Baseball

To help you think Spring, here are some baseball funnies!

Q: How do baseball players stay cool?

A: *By sitting next to the fans.* ☺

Q: What has 18 legs and catches flies?

A: *A baseball team* ☺

Q: How is a baseball team similar to a pancake?

A: *They both need a good batter.* ☺

Q: Which animals are best at hitting a baseball?

A: *Bats* ☺

Q: Where does a baseball player go when he needs a new uniform?

A: *New Jersey* ☺

Q: When should baseball players wear armor?

A: *When they play knight games* ☺

Funnies

From

Buddy

Enjoy,

Buddy

Willis



KID MIN CONNECTION!

The Windy Month is upon us!!! May the Holy Spirit whirl around you, like the rushing wind of March, as we begin our Lenten Journey. I pray that you find peace and reconciliation during this time of reflection with Jesus.

Love, Miss Carrie

UPCOMING ACTIVITIES!

March 6th - Ash Wednesday Service - 7pm-
Nursery and a Special Children's Church
with Prayer Stations will be available.

March 10th – Little Singers 4-4:30 & Children's
Choir 4:30-5

March 24th – Little Singers 4-4:30 & Children's
Choir 4:30-5

March 31st – The Little Singers and Children's
Choir will sing at Both Services!!!!

FUTURE PLANNING!

April 18th – 7pm - Maundy Thursday Evening
Service – Nursery and Special Children's
Church available.

April 21st – Easter Sunday we will have an egg
hunt for the nursery/preschool aged children at
10am. We will have craft and game stations in
the Faith Seekers room areas.

June 24-28th – Vacation Bible School

July 8-10th – Summer Camp!

We are blasting off into a new season and I
cannot wait to see what God is going to do in the
Spring!!

Miss Carrie,

Director of Youth and Children's Ministries

Miss Emily, Director of Nursery Ministries

~Children's Ministry is the most strategic and
futuristic ministry of the church~



I cannot tell you how happy I am to be working
with the youth! This is going to be a very
exciting year for us! I am truly blessed to be
able to work with our wonderful and talented
youth! I have planned out our activities through
May! Most of this time will be to get to know
each other and build trusting relationships. I
look forward to seeing what God has planned for
Youth ministries!

Love, Miss Carrie!

Seven amazing Youth are currently taking
Confirmation classes with Pastor Steve and Mr.
Rob on Sunday afternoons! We will celebrate
their Confirmation on April 28! Please be in
prayer for these awesome youth:

Emma Phillips Katie Dillard
Ethan Britton Teddy Rudolph
Jefferson Fairbanks David Kingsman
and Lauren Gibson

UPCOMING EVENTS!

March 10th – 6-7pm - Parent and Youth Meeting
with New Director! Dinner will be provided.

March 31st – 5-7pm - Youth ONLY regular
Meeting and Dinner

April 14th – 5-7pm - Regular Youth Meeting

April 27th – 5pm - We will offer our helpful
services to the Relay For Life Team at the
Spaghetti Dinner/Basket Auction as a
mission opportunity.

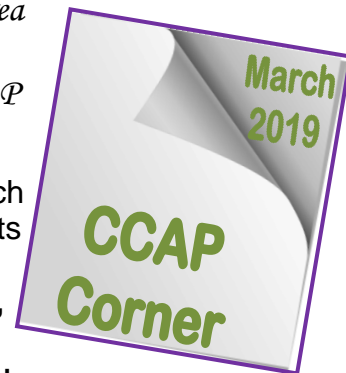
May 19th – Immediately following church service-
Fun-Filled-Fellowshipfull-Worshipful-Field
Trip to Blandy Arboretum. We will hike and
play! They will need a packed lunch. More
details to come later!

Hope to see you at all these events!!!!

God Bless

**Carrie Fair, Director of Youth
and Children's Ministries**

CCAP, the Congregational-Community Action Project, is a cooperative ministry of 45 area churches and one synagogue serving Winchester and Frederick County that have joined together to provide financial, material and supportive assistance to people in need. CCAP is located at 112 and 106 S. Kent Street.



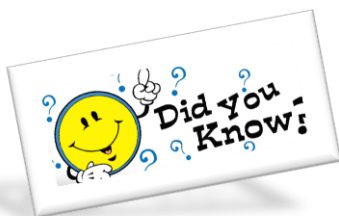
Our next CCAP collection will be for **Children's Easter Baskets** and will run March 31 through April 7. A sample basket will be located in the Fellowship Hall. Baskets should be appropriate for children ages infant through 12 years. Please package your basket in plastic wrap and include such items as: **SIDEWALK CHALK, BUBBLES, JUMP ROPES, BALLS, SMALL STUFFED ANIMALS, MATCHBOX CARS, PLAYDOH, BOOKS, COLORING BOOKS, CRAYONS AND MARKERS. PLEASE LIMIT THE AMOUNT OF CANDY. ALL CANDY SHOULD BE IN ITS ORIGINAL WRAPPING.** The baskets will be given away at CCAP on Saturday, April 13th from 8:30 – noon. Everyone is welcome to come help distribute the baskets on the 13th.

Lunch at CCAP on the 3rd Sunday of each month. Team Gallagher of the Outreach Committee hosted 45 CCAP homeless clients for lunch Sunday, February 17. Thanks to everyone who took their time to prepare food and/or serve. We served chili, corn bread, tortilla chips, brownies, snacks, drinks and bananas. Our next Sunday Lunch will be served on March 17 at 12:15 at CCAP. Debbie Walker will be the team lead for this meal. We would love to have more volunteers for preparing food and serving. If you would like to be part of the March meal, please contact Debbie Walker at dswalker1@yahoo.com, or by cell at 540-664-0908 or home phone at 540-667-6711.

Needs: Weekday volunteers are needed to sort clothing (M-Th 8:30-2:30 and Fridays 8:30-11:30). The Baby/Toddler clothing and diaper distribution room (Red Wagon) needs volunteers on Thursdays and Fridays in order to be open. Red Wagon also needs **DIAPERS, ESPECIALLY THE LARGER SIZES, CLOTHING NB-5T, AND CHILDREN'S BOOKS.**

The next CCAP quarterly meeting is Friday, March 8 at 12:30 in the main CCAP building. I attend this meeting and would love to have anyone join me who may be interested in learning more about CCAP. I can be reached at ricpat5@gmail.com or by cell at 664-6973. We are always looking for volunteers to help at CCAP. If you are interested in volunteering a few hours a week, I will be happy to share the contact information with you. Your continued prayers for the many clients of CCAP are always appreciated.

*Happy Spring,
Patty Leonard*



If you would like to have you and your family's names in the birthday and anniversary list of the newsletter, just let me know and I'll be glad to add everyone.

Just give me the names and birth day (no year necessary ☺) and the anniversary day (also no year necessary ☺).

ALSO:

If you would like to receive the monthly church newsletter in your e-mail, just let me know and I'll add you to one of my groups. All I need is your e-mail address.

*And.....you receive it in **color!** ☺*

Charly



RELAY FOR LIFE

March 2019

Christina and I want to welcome our new members but hope that if you are not already a member of the *Believers* team that you would consider joining us (see directions below). **We need you!!!!** If you were on our team last year, please remember that you have to sign up every year. The following is a list of our upcoming events.

- **March 7, 2019 Stonewall Ruritan Club** – We will be making, serving and cleaning up after dinner for the Ruritan Club's general meeting. There are 3 bright yellow signup sheets on the Relay table in the Social Hall at church. One is for volunteers for help, one is for volunteers who would like to make a dessert and the other is for donations to purchase the ingredients for our meal. We will be at the Ruritan building at noon if you find that you can spare some time that day.
- **April 27, 2019 Annual Spaghetti Dinner/Themed Basket Auction** – This is by far our biggest fundraiser. Look for more information about this event in the weeks to come.
- **May 18, 2019 Yard Sale** – (See details below)

If you have not joined our *Believers* team and would like to, you can register on line at relay.acsevents.org and then,

- Click on "Join this Relay"
- Create an email account or log in if previously registered
- Choose Winchester Frederick
- Choose team "The Believers"

If computers are not your thing, you can call (877-957-7848), or fill out a registration form and give it to either Theresa Gilbert or Christina Rohrbach.

The theme for 2019 Relay is "**CARNIVAL**" so put on your thinking caps about campsite decorating ideas. We are planning a meeting for some time in March or early April so that we can get started.

Please keep the bags of DumDum lollipops coming for Christina and me to take to the monthly team captain meetings. All are welcome at these meetings. The next one is Monday, March 11th, at 6:30 p.m. at Calvary Baptist Church on Amherst Street.

We Hope that you will join our team and sincerely thank you for your support!

Theresa Gilbert and Christina Rohrbach, Co-captains

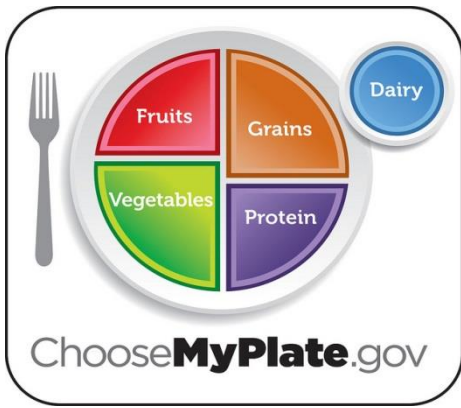


YARD SALE
to benefit
RELAY FOR LIFE
May 18 8am-2pm
Stonewall Ruritan Building



We are excited to be having a yard sale. Start going through your closets, attics, and basements for donations. Please no clothes or electronics. Remember "your junk is someone else's treasure." Donations will be accepted Friday, May 17 between 3:00pm and 8:00pm. More information to follow.

Contact is Karen Willis



Faith Community Nurse Article

March is National Nutrition Month

Eating healthy is a journey shaped by many factors, including our stage of life, situations, preferences, access to food, culture, traditions and personal decisions we make over time. All of your food and beverage choices count. **MyPlate** offers ideas and tips to help you create a healthier eating style that meets your individual needs and improves your health.

It's not a diet, it's a commitment to you and your family to find the right mix that will help you become healthier now and in the future. Everything you eat and drink matters and the concept is based on how you should fill your plate:

- Focus on making healthy food and beverage choices from all five food groups including fruits, vegetables, grains, protein foods and dairy to get the nutrients you need.
- Eat the right amount of calories for you based on your age, sex, height, weight and physical activity level.
- Building a healthier eating style can help you avoid overweight and obesity and reduce your risk of diseases such as heart disease, diabetes and cancer.
- Use Nutrition Facts labels and ingredient lists to find amounts of saturated fat, sodium, and added sugars in the food and beverages you choose.
- Eating fewer calories from foods high in saturated fat and added sugars can help you prevent overweight and obesity.
- Eating foods with less sodium can reduce your risk of high blood pressure.
- Think of each change as a personal "win" on your path to living healthier. Find little victories that fit into your lifestyle and celebrate!!
- Start with a few small changes.
- Create settings where healthy choices are available and affordable to you.

Check out myplatemywin or choosemyplate.gov for more tips to guide you on your way to a healthier lifestyle.

"Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well." 3 John 1:2

*Until the next time ... Blessings to you and yours,
Theresa*

You can reach me at any time by e-mail at tgilbert@afpdocs.com or theresa.h.seddon@gmail.com or by phone at (540) 247-5612.

As your Faith Community Nurse, I am here to serve as a bridge to better health, meeting the wholistic healing mission of the church by partnering with the Pastor as a healer of the spirit, mind and body.



From a branch on the Vine,

Christopher Columbus had an idea, a purpose, a journey. When the “Silk Road” became too dangerous to travel, he lobbied the Spanish monarchs to finance an expedition to reach the lucrative markets of Asia by sailing west. He didn’t find Asia, but he did discover the New World. We have a plan and God has His plan. What is God’s plan for us?

***“¹¹ For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.*”**
Jeremiah 29:11



As a part of God’s family, each of us has The Good Father who protects us, guides us, disciplines us – loves us. The plan of God is for us to achieve what we were created to be and not what we settle for. But, Sin (mistakes, bad decisions, missed opportunities) stands in the way of us realizing what we were created to be. Can you and I work our way out of our sinful condition? No, sorry, we can’t save ourselves. We can never do enough to be righteous in the eyes of God. We have a sinful nature, and all fall short of the glory of God. ALL of us – from Pastor to pauper. It is not a measure of how much or how bad we sin. The fact is we sin. Are we hopeless? While we were sinning, God was loving.

***“³⁵ Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty...All those the Father gives me will come to me, and whoever comes to me I will never drive away. ³⁸ For I have come down from heaven not to do my will but to do the will of him who sent me. ³⁹ And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. ⁴⁰ For my Father’s will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day.”*”**

John 6:35-40

Do you love your family? Most of the time, right? Are they hopeless and cast out? We love as best we can in our limited ways of being human. How much more does God love?

***“¹¹ “Which of you fathers, if your son asks for a fish, will give him a snake instead? ¹² Or if he asks for an egg, will give him a scorpion? ¹³ If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!”*”**
Luke 11:11-13

God wants to bless you, not necessarily with money and pleasure, but most certainly with joy, grace, mercy and eternal life. Blessings that last beyond an earthly death; treasures stored in Heaven. Does He want you to suffer? That was never the plan. That was the result of imperfection in mankind. We overcome imperfection because perfection has come into the world.

I struggle with my circumstances. I strive to make them better for me and those around me. I succeed and I fail. Throughout it all, I am loved. I have an unlimited future, because My God has plans to prosper me and never forsake me. He has already redeemed me and changed me towards what I should be (though, still a work in progress). Take hope – God is implementing His plan for your life.

In Christ, *Rob*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Printing March Newsletter	2 9:00am-UMW Annual Prayer Breakfast at The Clarion Inn
3 8:30am-Worship 9:45am-Children's Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children's Church	4	5 6:00pm-Choir 7:30pm-SONrise Singers	6 9:00am-12:30pm Pastor's Office Hours 7:00pm -Ash Wednesday Service – Nursery and Special Children's Church with Prayer Stations	7 RFL prepare and serve at Ruritan Club General Mtg. 7:00pm-Outreach Lower Cottage	8 12:30pm-CCAP Quarterly Meeting at main CCAP building	9  SET CLOCKS AHEAD 1 HOUR TONIGHT!
10 8:30am-Worship 9:45am-Children's Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children's Church 4pm-4:30pm-Little Singers 4:30pm-5pm-Children's Choir	11 6:30am-RFL Team Captain Meeting at Calvary Baptist Church	12 6:00pm-Choir 7:30pm-SONrise Singers	13 9:00am-12:30pm Pastor's Office Hours 7:00pm-Church Council Fellowship Hall	14 6:30pm-Sing-A-Long at Evergreen Nursing Home	15	16
17 8:30am-Worship 9:45am-Children's Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children's Church 12:15pm-Outreach serves CCAP Clients	18	19 6:00pm-Choir 7:30pm-SONrise Singers	20 9:00am-12:30pm Pastor's Office Hours	21 7:00pm UMMen meeting- Lower Cottage	22	23
24 8:30am-Worship 9:45am-Children's Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children's Church 4pm-4:30pm-Little Singers 4:30pm-5pm-Children's Choir	25	26 6:00pm-Choir 7:30pm-SONrise Singers	27 9:00am-12:30pm Pastor's Office Hours NEED APRIL NEWSLETTER ARTICLES BY 3:00pm TODAY!	28	29 PRINTING APRIL NEWSLETTER	30
31 8:30am-Worship 9:45am-Children's Praise and Worship 9:45am-Sunday School 11:00am-Worship 11:00am-Children's Church	<p>MARCH 31st – Little Singers and Children's Choir will sing at both services.</p> <p>MARCH 31st – APRIL 7th – CCAP Collection for Children's Easter Baskets.</p> <p>March 10th – 6-7pm-Parent / Youth meet with New Directory – Dinner provided</p> <p>March 31st – 5-7pm-Youth ONLY Regular Meeting and Dinner</p>					

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BURNT FACTORY
UNITED METHODIST CHURCH
NEWSLETTER



2019



SET CLOCKS AHEAD ONE HOUR ON
SATURDAY NIGHT
MARCH 9TH,
SO YOU'LL GET TO CHURCH ON TIME
ON SUNDAY, MARCH 10TH!