

SMOKE

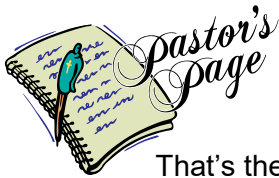


SIGNAL

JUNE 2020 Newsletter
Our Mission Statement ~
Sharing the Love of Christ
with All People

Burnt Factory
United Methodist Church
1943 Jordan Springs Road
(P.O. Box 399)
Stephenson, Virginia 22656
C. Steven Melester, Pastor

*"Let your light so shine before
men that they see your good
works and glorify your Father who
is in heaven." ~ Matthew 5:16*



When Can We Get Back to In-Person Worship?

That's the question that is on everyone's mind. The short answer is, "As soon as The United Methodist Church and our Bishop says we can." Our denomination has instituted its own 3 stage plan of re-entry into in-person worship that is not dependent or accountable to either the local, state, or federal guidelines. The VAUMC plan calls for churches, in stage 1 and 2, to apply to become "Pioneer Churches." The plan also calls for each church to establish a "Healthy Church Team" (HCT) that would decide pioneer status and also assist the pastor in establishing re-entry policies and procedures for our unique context.

Your HCT has concluded, based upon the restrictive regulations and protocols, that Burnt Factory cannot, in good conscience, apply for, or pursue "Pioneer Church" status. The HCT has concluded that stage 3 is the proper and only direction for our church which would allow us to re-enter with integrity, fairness, and vitality. Stage 3 re-entry, at the present time, would embrace a safe, but more gracious & somewhat normal, re-entry strategy. (I encourage you, if you have not seen it, to go to our website and watch the broadcast shared on May 21st from your pastor.)

This challenge of re-entry remains a fluid one. The news is changing everyday as officials are discovering more and more truths about the virus that has so affected our lives. We do not know when stage 3 will be available, but our prayer is that it will be sooner than later. Things seem to be changing daily. Your church is working diligently to be prepared to re-enter in-person worship whenever it becomes possible.

Our prayer is for the Fruit of the Spirit to continue to guide our action and thoughts.

The Healthy Church Team consists of your three full time staff members, Pastor Steve, Rob Moss & Carrie Fair along with your Lay leader, Jani Shope; your Church Council Chair, Tom Duvall; your Trustee representative, Keith Roberts; and your Parish Nurse, Theresa Gilbert.

In this time of testing, the HCT covets your prayers and our hope is that the Fruit of the Spirit will guide all of our decisions. Let love, joy, peace, patience, kindness, goodness, faithfulness, gentleness & self-control guard your minds and hearts in Christ our Lord!

*Grace & Peace,
Pastor Steve*



- | | | | | | |
|----|------------------------|----|-----------------|----|------------------------|
| 1 | Marcia Darsie | 15 | Richard Henry | 2 | Jay & Harriett Hanke |
| 2 | Madison & Megan Bursey | 18 | Tim Perrault | 4 | Rob & Debbie Moss |
| 3 | Naomi Buddenhagen | | Judy Wolk | 8 | Mark & Aimee Taylor |
| 5 | Norma Duvall | 19 | Megan Hunt | 10 | Lander & Paige Manuel |
| 7 | Sue Swimley | 21 | Greg Powell | 11 | Sonny & Iris Sibert |
| 9 | Hannah Heinlein | | Rylee Repine | 14 | Paul & Susie Gerometta |
| | Sam Melester | 22 | Mark Duvall | | Joe & Nancy Hulver |
| | Lucinda Lentz | 24 | Carrie Fair | 21 | Randy & Karen Willis |
| 10 | Diana Smith | 25 | Kim Bursey | 29 | Dave & Charlene Winter |
| | Chuck Simmers | 27 | Charlie Beaver | | |
| 11 | Tom Miiller | | Charlotte Goode | | |
| 12 | Bob Rodeffer | 30 | Amy Jenkins | | |
| | Wade Bryant | | | | |

*Happy Birthday and
Happy Anniversary
Everyone!*



If you would like to have you and your family's names in the birthday and anniversary list of the newsletter, just let me know and I'll be glad to add everyone.

Just give me the names and birth day (no year necessary) and the anniversary day (also no year necessary).

Charly

cdwinter@comcast.net
(540) 722-4408



Have you given your email address to Keith Roberts, yet?

Pastor Steve has special notices he needs to send to those who attend Burnt Factory.

The notices will include not only prayer concerns, but also schedule changes during bad weather.

Keith keeps an email list in his computer for just such purposes. Your email address is protected and emails are sent, recipients not disclosed, to protect your privacy.

Kindly send your email address to Keith Roberts at john.k.roberts@comcast.net with the message:

***"Add me to the church email list"
Thank You***

***Here's an inspiring response
from a 4-Year-Old***

*The story starts out this way...
A nurse on a pediatric ward, before listening to the little ones chests', would plug the stethoscope into their ears and let them listen to their own heart. Their eyes would always light up with awe, but she never got a response equal to 4-year-old David's comment. Gently she tucked the stethoscope into his ears and placed the disk over his heart. "Listen," she said. "What do you suppose that is?" He drew his eyebrows together in a puzzled line and looked up as if lost in the mystery of the strange tap - tap - tapping deep in his chest. Then his face broke out in a wondrous grin and he asked, "Is that Jesus knocking?"*

Jim Blankenship's friend shared these:

SUCCESS:

- At age 12 success is...Having friends.
 - At age 17 success is...Having a driver's license.
 - At age 35 success is...Having money.
 - At age 50 success is...Having money.
 - At age 70 success is...Having a driver's license.
 - At age 75 success is...Having friends.
- Always remember to forget the troubles that pass your way; BUT NEVER forget the blessings that come each day.



June 2020 Relay for Life Newsletter Article

*I do not like Cancer here or there.
I do NOT like CANCER anywhere!!!*

The 2020 Relay for Life of Winchester/Frederick County is CANCELLED.
With that being said, Lisa and I are saddened **but** already planning for next year!!!
The following is what 2020 Relay will look like virtually on June 19th.

Team Recognition

MUST BE COMPLETED BY FRIDAY, JUNE 12TH

The Believers will be recognized on the hour throughout the day on June 19th on the **Relay for Life of Winchester/Frederick County Facebook Page**. Lisa and I will submit pictures of our team for this recognition. If you have a great picture of our team that you would like to share, please forward it to me.

Survivor Recognition

If you are a **Survivor** you will be recognized during a VIRTUAL SURVIVOR LAP. Please send me the following information no later than June 12th.

- Full Name
- Type of Cancer
- Years since initial diagnosis
- Your email address

Caregiver/Participant Recognition

MUST BE DONE BY MONDAY, JUNE 15TH

You can submit a short video or photo of yourself with the brief reason of why you Relay (anywhere from a single word to a couple sentences).

You can submit your video or picture directly to Daliya El Anbani either by:

E-mail (dalia_dalua@yahoo.com) or Text to (540-974-5270).

Luminaria Slideshow

MUST BE PURCHASED BY MONDAY, JUNE 15TH

There will be a virtual luminaria slide show on Facebook and Instagram.

To purchase a Luminaria (\$5.00 each)

1. Go to www.relayforlife.org/winchesterva
2. Scroll down and click on the Luminaria button
3. Select which Team or Participant should receive credit for your donation
4. Follow the prompts to complete your dedication/purchase

AFTER the Luminaria are purchased online you are invited to email a photo to: kdudley641@yahoo.com

INCLUDE THE FOLLOWING IN YOUR EMAIL:

1. Who the Luminaria is dedicated to
2. Who purchased the Luminaria and any words that you would like to include with the photo.

2020 Relay for Life T-Shirt Fundraiser

There will be no Hope T-shirts this year, but there is an opportunity to **purchase a 2020 Relay for Life shirt** (designed by the event leadership team) and to **support the event**. Use the following link to order a shirt.

<https://www.customink.com/fundraising/rflwinchesterfrederickcounty>

All proceeds go directly to Relay for Life of Winchester/Frederick County.

The Dr. Seuss theme will most likely be used for the 2021 Relay event so any decorations that have already been purchased will not go unused.

**Fundraising for 2021 RFL will begin on June 20th,
the day after the virtual RFL event on June 19th.**

"It's not about what it is, it's about what it can become." Dr. Seuss

Please let Lisa or I know if you have any questions.

theresahgilbert@gmail.com or (540) 247-5612
lisapatterson423@gmail.com or (540) 664-4169

*Our mission is to save lives,
celebrate lives, and lead the
fight for a world without cancer.*

We thank you for your support!

Theresa Gilbert
and
Lisa Patterson,
Co-Captains

From a branch on the Vine,

♪ *"This is my story, this is my song, praising my Savior all the day long."* ♪

Words from a beautiful hymn penned by Fanny Crosby in 1873 with the melody by Phoebe Knapp. Recognize it? You are probably humming it, *Blessed Assurance*. In addition to *Blessed Assurance*, Fanny Crosby wrote over 8000 hymns, some of which you know and sing: "Rescue the Perishing," and "Pass Me Not, O Gentle Savior." Fanny lost her sight as a child, but in blindness she found the words millions have used to praise God.



How do you praise God? Music? Maybe some Casting Crowns or Mercy Me; throw in some Lauren Daigle or Toby Mac. I lean toward some older crooners like Jo Stafford, Rosemary Clooney or maybe some Statler Brothers, but some Kirk Franklin gets me moving. Listening or singing out the words and tune, what is the key here? Not the genre, but the purpose – Praise God.

Perhaps you praise God in mission work. We are called to serve, still many of us have an acute leading to be in service to others. Serving lunches at CCAP or delivering donations to the Laurel Center are praising God. Putting your hearts and hands to work to benefit Project Esperanza, Fremont Street Nursery or Jubilee Soup Kitchen honor God. By accepting the call to Haiti, Danville, Eastern Shore or to a neighbor in need of a ramp, we build relationships as we help those in need. And....we praise God!

Teaching praises God. Sending cards with notes of compassion is praising God. Living out your spiritual gift of Hospitality and presenting your offering are praising God. Your stewardship of His Creation is honoring our Lord. All of our lives can extoll God, His mercy, grace and love, when our lives start with Him. Likewise, all our actions of praise can be hollow when the action is the purpose and not to glorify God.

Be encouraged, friends, to follow the prompting of God's Spirit to do good works. Not for the accolades, but that by letting *your light shine before others, they may see your good deeds and glorify your Father in heaven (Matthew 5)*. Is your act of worship deemed more or less valuable to God than what others do? No. It is not a competition, but a collaboration with God and His church - with the Holy Trinity and each of us. The key is to Praise God.

I have praised God with cards, with checks, with building, with listening, with teaching, with learning, with smiles and tears. I praise God by believing He is my God and desires for me to have a good life – to harvest the joy that comes from being born in the Spirit. Praise God for He is worthy of your praise.

⁹ *Whenever the living creatures give glory, honor and thanks to him who sits on the throne and who lives for ever and ever, ¹⁰ the twenty-four elders fall down before him who sits on the throne and worship him who lives for ever and ever. They lay their crowns before the throne and say:*

¹¹ *"You are worthy, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they were created and have their being."* Revelation 4:9-11

In Christ, *Rob*

¹ *Shout for joy to the Lord, all the earth. ² Worship the Lord with gladness; come before him with joyful songs. ³ Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture. ⁴ Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. ⁵ For the Lord is good and his love endures forever; his faithfulness continues through all generations.*

Psalm 100



CCAP, the Congregational-Community Action Project, is a cooperative ministry of area churches and one synagogue serving Winchester and Frederick County that have joined together to provide financial, material and supportive assistance to people in need. CCAP is located at 112 and 106 S. Kent Street.

Lunch at CCAP the 3rd Sunday of each month. We continue to be able to serve our 3rd Sunday Lunches. In May, we served approx. 40 people and delivered the remaining meals to The Salvation Army. We plate the meals in The Fellowship Hall before handing them out at CCAP. Hope Owens was the Team Leader and we served fried chicken and delicious sides. Thanks so much to the hands who helped get this meal out to those in need and to Hope for her leadership. Our next Sunday Lunch will be served on June 21. Please contact Karen Willis at krwillis@comcast.net or 540-539-6989 if you can contribute food and/or help serve.

The bi-monthly Board of Director/Trustee meeting was held on 5/8 via Zoom. With the Leadership of Robin Russell, this group is striving to reopen CCAP as soon as possible. In the meantime, Robin is coordinating giveaways of food, diapers, clothes, pet food, detergents, and cleaner weekly so we can share what we have. These giveaways require a lot of work and willing volunteers. We are also working to clean and sort both CCAP houses as we prepare to deep clean for a reopening sometime in the future. Details for offering Financial Assistance and sign up for new CCAP clients is also in process and should be operating in the next two weeks.

Current Needs are for **volunteers** to help with the clean-up of areas and sorting of clothes. **Drivers** are also needed any day of the week from approximately 8-11 to pick up donations of items. Teams of 2 are a good way to do these pickups. Please contact me if you can help in any of these areas. We have had several church members volunteer to clean, sort, pack food and work the giveaways. If you feel this could be a mission for you, please step out and help. We are also looking for someone to redo the numbers on the lockers for the Homeless Clients. There are 36 lockers that need permanent numbers. We are required to wear Masks and Gloves and all those served must have masks on. We also Social Distance.

Robin is currently planning another **diaper giveaway** the end of June. We need Sizes 4, 5, and 6 diapers. I will be reaching out via church email once we have all the details.

CCAP online donations – CCAP does accept on-line donations. If you would like to make a donation, please go to ccapwinc.org.

*Thanks for all you continue to do for this Outreach,
Patty Leonard – Outreach CCAP Rep*

If you would like to receive the monthly church newsletter in your e-mail, just let me know and I'll add you to one of my groups. All I need is your e-mail address.

*And.....you receive it in **color!** 😊*

Charly



Because we don't have a newsletter calendar this month, as a "Friendly Reminder" for those who regularly send me their articles and for anyone who may have an article for the July newsletter, I will be needing your July articles by.....

3:00pm on Wednesday, June 24th.

I will be sending the July Newsletter on Friday, June 26th.

Thanks, Charly



June 2020 Faith Community Nurse Article

As the COVID-19 Pandemic continues, families are experiencing more and more stress. Most of us are quarantined at home together 24 hours a day, 7 days a week with no outlet. Many of us have lost our jobs and financial concerns may be causing family conflict. Some of us are working from home, while others who have jobs that are considered to be essential are working outside the home worrying about carrying the Corona Virus back home with us. We are trying to function productively while also attempting to be the teacher for our school age children.

Many families live apart from each other and feel the stress of not being able to interact as we once did. Below is a list of several positive things that we as Christians can do to improve our ability to cope with all of these stressors.

FIRST, place Jesus as the head of your family. Ephesians 4:15 says, *"We will in all things grow up into Him who is the Head, that is Christ."*

SECOND, pray for the Lord's guidance for your family, and pray for one another.

THIRD, trust your family can handle the pressures, with the help of God. Often, workable solutions are within your grasp!

FOURTH, develop a realistic plan for resolving your problems, and stick with it. It is important to include in the plan everyone who will be affected by it.

FIFTH, seek outside help when you need it. Seeking social support and other outside help is a sign of family strength.

This new quarantine normal at times leaves us with little time or energy to invest in our families

"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you." **Deuteronomy 3**

Continually **praying** for your health and well-being.

Theresa

You can reach me at any time by e-mail at tgilbert@afpdocs.com or theresahgilbert@gmail.com or by phone at (540) 247-5612

As your Faith Community Nurse, I am here to serve as a bridge to better health, meeting the wholistic healing mission of the church by partnering with the Pastor as a healer of the spirit, mind and body.



United Methodist Women June 2020 News



One of these days, we will gather again and this present day crisis will be, hopefully, behind us. Isn't that our wish? But now we have the un-interrupted time to think about our relationship with God and make good use of our hours during the day to do some things we put off in our "earlier life" that we didn't have time to do! We know our "new normal" will be different. We are thankful we have a **Healthy Church Team** who are meeting to help us abide by the guidelines when it is safe to re-enter.

Our UMW unit won't be meeting in June. That is a disappointment since we were hoping we could gather to make blankets for Camp Fantastic kids. But we will do that another time. In the meantime, continue to save your cancelled stamps and BoxTops for Education.

I will be sending out separately a list of missionaries from the Prayer Calendar. This list will include the names, addresses, and birthdays (June and July) of missionaries affiliated with United Methodist Women and Global Ministries. Use the list however you'd like – a blanket prayer for all or choose one or two to center your prayers on. Send them (card or e-mail) birthday greetings letting them know you care about them and their difficult mission during this time of pandemic.

Our supplies for the kits we normally send to Annual Conference will stay on the shelves in the basement until September when they will be sent with our delegate. In the meantime, when supplies go on sale in July/August, we will shop for the kit supplies we will need for 2021. More about that in next month's newsletter.

Here are some words of wisdom by Maya Angelou I ran across while cleaning out some files:

Every day I try to do better. See better. Say better. Talk better. Be better.

I do my best. And I blow it 10 times out of 12.

I ask forgiveness of anyone whose feelings I may have hurt.

I ask forgiveness of God. I forgive myself.

And then I start again.

Stay well, healthy and positive! We WILL get through this!

Love and blessings, Polly Duvall, Pres. BFUMW



Hearts of Grace

Caregiver Support Group

Contact: Debbie Walker

Email: dswalker1@yahoo.com

(540)664-0908 Cell / (540)667-6711 Home

Monthly/Second Tuesday @ 7:00

Hi Caregivers, Families and Friends -

We had a wonderful meeting in April, with 6 in attendance. We talked on the subject of sundowning, as well as discussions on some situations our caregivers are working through with their family members. The sharing and fellowship was so good, the meeting actually ran over. We could have talked longer, but wanted to be thoughtful for those who needed to get home. I have copies of the handouts for those who could not attend. I also have you a booklet, which I ordered called - "Real Life Encouragement for Caregivers." I think you will enjoy reading.

My thoughts for this month is - Who's Caring for the Caregiver?

Galatians 6:2 reads: "Carry each other's burdens, and in this way you will fulfil the law of Christ.

I recently read an article on the risks of burnout faced by over-burdened caregivers. What can Christians do to help caregivers who are in need of care themselves? What's the first thing you say when you visit someone who is ill, either at home or in the hospital? Chances are, you'd probably ask, "How are you? How are you feeling?" I had never given much thought to this, until someone who was caring for her mother with dementia once told me, "No one ever asks the caregivers how they are. But we're suffering too!" How true!

More often than not, the person who is ill is getting all the attention and care he needs. No one notices the harried, exhausted caregiver in the background, hurrying about to make sure the patient's needs are seen to - while sacrificing his or her own health and rest. I can't help but wonder: Is there anything else we can do for them?

When we visit a sick person, we often offer our help. "Can I get you something? Think about it, is there anything I can do for a patient that hasn't already been done? I'm not saying neglect offering loving gestures to the care receiver, this is about what we can do for the loving person caring for them - their caregiver. How about asking these same questions of the caregiver? There's a lot we can do for the caregivers, who aren't getting much.

We can start by praying for them and with them regularly, to show our solidarity and compassion as fellow believers supporting them on their challenging journey. When you're tired and down, it's encouraging to know that someone cares enough for you to pray for you every day. We can help caregivers in practical ways, too. I offer some of the following suggestions:

- Help them by picking up groceries or other supplies, and save them a trip to the market. If you can, consider doing this on a regular basis, so they have an extra hour or two to rest each week.
- Help them run errands, help with cleaning their homes, take them a nice meal, dessert, or take them to dinner, let them take a walk, so they can get their minds off their duties.
- Spend some time listening to them - without offering advice or solutions. Sometimes, they just need to vent. Don't judge - don't second guess the caregiver's decisions. They know what is best for their family.
- Don't exclude or forget about your friends because he or she often decline's your invitations.

The Bible tells us to help others in practical ways: "Carry each other's burdens, and in this way you will fulfil the law of Christ" (Galatians 6:2).

*Lord, open my eyes to the needs of caregivers around me,
and give me Your heart of compassion to care for them as You do. Amen*

Our next meeting is scheduled for Tuesday, June 9th, 2020, at 7:00 pm, in the Fellowship Hall. Our topic and discussion will be - "Anger as a Caregiver." We will meet in the Fellowship Hall keeping social distancing.

*Grace and Blessings on your journey,
Debbie*

Here are some "Silly Sayings" that were shared with us from a relative in PA to give us a "Pick-Me-Up" during this Pandemic.

ENJOY! 😊

Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.

I am home schooling. The first day I tried to get this kid transferred out of my class.

Okay, so the schools are closed. Do we drop the kids off at the teacher's house?

For the second part of this quarantine do we have to stay with the same family or will they relocate us? Asking for myself...

Coronavirus has turned us all into dogs.

We wander around the house looking for food.

We get told "No!" if we get too close to strangers.

We get really excited about going for walks and car rides.



I was in a long line at 7:45 am today at the grocery store that opened at 8:00 for seniors only. A young man came from the parking lot and tried to cut in at the front of the line, but an old lady beat him back into the parking lot with her cane.

He returned and tried to cut in again, but an old man punched him in the gut, then kicked him to the ground and rolled him away. As he approached the line for the 3rd time he said, "If you people don't let me unlock the door, none of you will ever get in to shop."

*And Last, but certainly not least.....
Some "One-Liners" from our friend, Buddy Willis!!*

Have you ever tried to eat a clock? It's very time consuming! 🤔

What do you do with a sick boat? You take it to the dock! 🤔

I used to stay awake all night wondering where the sun went and then it finally dawned on me! 🌞

How do you know when you are drowning in milk? When it's pasteurized (past-your-eyes)! 🥛

If I take a nap and I wake up in the same place I started, did I take the nap on a round trip? 🌸

How come Humpty Dumpty wasn't looking forward to Winter? Because he had a great Fall! 😊

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BURNT FACTORY
UNITED METHODIST CHURCH
NEWSLETTER

