

SMOKE SIGNAL

October 2021 Newsletter
Burnt Factory
United Methodist Church
1943 Jordan Springs Road
Stephenson, VA 22656
C. Steven Melester, Pastor



OUR MISSION
STATEMENT:
SHARING THE LOVE
OF CHRIST WITH
ALL PEOPLE.

"Let your light shine before men that they may see your good deeds and praise your Father in heaven." ~ Matthew 5:16

TWINKIES & ROOT BEER

This story has been around a long time but its message is so needed in today's angry world.

I hope you enjoy it.

There once was a little boy who wanted to meet God. He knew it was a long trip to where God lived, so he packed his suitcase with Twinkies and a six-pack of root beer, and he started his journey. When he had gone about three blocks, he met an old woman. She was sitting in the park just staring at some pigeons. The boy sat down next to her and opened his suitcase. He was about to take a drink from his root beer when he noticed that the old woman looked hungry so he offered her a Twinkie. She gratefully accepted it and smiled at him. Her smile was so pretty that the boy wanted to see it again, so he offered her a root beer. Once again, she smiled at him. The boy was delighted! They sat there all afternoon eating and smiling, but they never said a word.

As it grew dark, the boy realized how tired he was and he got up to leave but before he had gone more than a few steps; he turned around, ran back to the old woman, and gave her a hug. She gave him her biggest smile ever. When the boy opened the door to his own house a short time later his mother was surprised by the look of joy on his face. She asked him, "What did you do today that made you so happy?" He replied, "I had lunch with God." But before his mother could respond, he added, "You know what? She's got the most beautiful smile I've ever seen!"

Meanwhile, the old woman, also radiant with joy, returned to her home. Her son was stunned by the look of peace on her face and he asked, "Mother, what did you do today that made you so happy?" She replied, "I ate Twinkies in the park with God." But before her son responded, she added, "You know, he's much younger than I expected."

Too often we under estimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around. People come into our lives for a reason, a season, or a lifetime. Embrace all equally!

*Grace and Peace,
Pastor Steve*



October BIRTHDAYS

- 1st Josh Jenkins
Serenity Buddenhagen
- 2nd Donna Willis
Martha Pool
- 5th Kathy Dick
- 8th Jill Crowe
Asher Dennis
- 9th Doris Duvall
- 11th Etta Miller
- 12th Bubba Hall
- 14th Jim Shepley
- 18th Mike Young
Lillian Sutphin
Jack Jenkins
Ramona DeLaFe
Kathy Dixon
- 20th Savanna Lee
- 21st Tiffany Smith
- 22nd Edna Melester
- 23rd Darlene Morrison
- 24th Ryan Swisher
- 25th Sean Everhart
- 26th Nathan Thompson
Ayda Rodgers

October ANNIVERSARIES

- 27th Anne Kackley
- 3rd Tom & Cindy Miiller
- 7th Scott & Ruth Ann Snyder
Jason & Angela Wiseman
- 8th Kenny & Christina Rohrbach
- 11th Mike & Allie Goode
- 12th Buddy & Margie Willis
- 14th Duane & Karen Swisher
- 21st Tim & Jennifer Stinnette
- 24th Larry & Kathy Dick
- 29th Wilson & Theresa Gilbert



CONGRATULATIONS TO
*Megan and Hayes Smith
and big brother, Sparrow as
they welcomed into their
family on September 8th a
beautiful baby girl. Her
name is Juniper Smith!*

The proud grandparents are Kathy and Bob Hunt!

*Have you given your
email address to
Keith Roberts, yet?*



Pastor Steve has special notices he needs to send to those who attend Burnt Factory. The notices will include not only prayer concerns, but also schedule changes during bad weather.

Keith keeps an email list in his computer for just such purposes. Your email address is protected and emails are sent, recipients not disclosed, to protect your privacy.

Kindly send your email address to Keith Roberts at john.k.roberts@comcast.net with the message:

"ADD ME TO THE CHURCH EMAIL LIST"

» Read all
ABOUT «
» it!

This is your "Friendly Reminder" for those people who regularly send me their newsletter articles and for anyone who may have an article for the **NOVEMBER** newsletter. Please send me your articles by...

**3:00pm on Wednesday,
OCTOBER 27th**

I will be sending the newsletter on
Friday, OCTOBER 29th.



Faith Community Nurse Article

October 2021

Autumn Intellectual Health

Happy Autumn! Students and teachers have returned to their classroom and many educational programs at the church are resuming. Intellectual learning is challenged. What is intellectual health? Our intellect is one dimension of wholistic health. It refers to the creative use of our minds. A person who is intellectually whole strives to develop and use his/her mind for the glory of God and the benefit of the human community. God is the source of all wisdom. The Bible has much to say about our intellect. Intellectual health starts with recognizing that God is the ultimate source of all knowledge and wisdom. Psalm 111:10 says, *"The fear of the Lord is the beginning of wisdom; all who follow His precepts have good understanding."* Our intellect affects all other aspects of our lives. All the other dimensions (physical, emotional, spiritual, social, vocational, and environmental) of our being are affected by our thinking. For example, self-depreciating thoughts can give us a stomach ache, make us feel sad, and contribute to poor work efforts. Instead, the Bible encourages us with these words, "Wisdom brightens a man's face and changes its hard appearance." True understanding and godly use of our intellect helps us to be whole and joyful, and helps us to find a purpose in our lives.

"Who among you is wise and understanding? Let him show by his good behavior his deeds in the gentleness of wisdom."
James 3:13

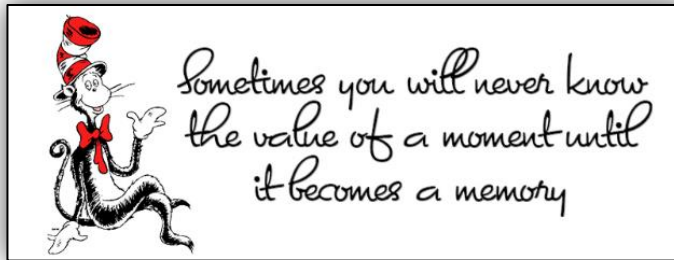
Continually **praying** for your health and well-being.

Theresa

You can reach me at any time by e-mail at tgilbert@afpdocs.com or theresahgilbert@gmail.com or by phone at (540) 247-5612.

As your Faith Community Nurse, I am here to serve as a bridge to better health, meeting the wholistic healing mission of the church by partnering with the Pastor as a healer of the spirit, mind and body.





October 2021 Relay for Life Newsletter Article

OCTOBER is **National Breast Cancer Awareness Month**. In 1985, "**National Breast Cancer Awareness Month**" was created as a collaborative effort between the American Academy of Family Physicians, AstraZeneca Healthcare Foundation, CancerCare, Inc. and a variety of other sponsors to raise awareness and gain funding to research for a cure. **Breast Cancer** is a disease that affects both men and women and is among the most common cancers. According to the National Breast Cancer Foundation, 1 in 8 women will develop invasive breast cancer in her lifetime. Next year, new breast cancer diagnoses are expected to number more than 200,000 for women and more than 2,000 for men.

Relay for Life 2021 was like no other that we have experienced, but the Believers showed up in true "Dr. Seuss fashion"!! We have so many people that Lisa and I would like to thank for your participation and campsite decorating skills. Our Dr. Seuss village campsite won first place!

We also want to thank all of you that took the time to decorate luminaria bags for the event contest. Teresa Wismer's fisherman bag won first place!!

As of today, the event raised \$30,069.56 for the American Cancer Society. This money will not only be used for life-saving research, but also in this area for the "Road to Recovery" and "Hope Lodge" resource programs for cancer patients and their families. A huge thank you to everyone for your ever faithful support of the Believers. With your help our team raised a grand total of \$22,555.72. We are forever grateful to you all.

We do not like cancer here or there. We do not like cancer anywhere!!

Please let Lisa or I know if you have any questions.

theresahgilbert@gmail.com or (540) 247-5612

lisapatterson423@gmail.com or (540) 664-4169

*Our mission is to save lives,
celebrate lives,
and lead the fight for a world without cancer.*

We thank you for your support!

Theresa Gilbert and Lisa Patterson, Co-Captains

FROM AN UNCLUTTERED CHILD'S MIND

A Sunday school teacher was discussing the Ten Commandments with her five and six-year-olds. After explaining the commandment to "honor" thy Father and thy Mother, she asked, "Is there a commandment that teaches us how to treat our brothers and sisters?"

From the back, one little boy (the oldest of a family) answered, "Thou shall not kill."

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One day a little girl was sitting and watching her mother do the dishes at the kitchen sink. She suddenly noticed that her mother had several strands of white hair sticking out in contrast on her brunette head.

She looked at her mother and inquisitively asked, "Why are some of your hairs white, Mum?"

Her mother replied, "Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white."

The little girl thought about this revelation for a while and then said, "Mummy, how come ALL of grandma's hairs are white?"

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Our calendar says it's Fall and soon we'll be watching the leaves and temperatures fall. It's getting dark earlier and we're planning some safe events that we usually have this time of you.

Our October 21st UMW Meeting will offer our members the opportunity to make a pledge to the unit so we can build up the treasury for our mission projects. Anne Perrault will have that part of the program. We will also have a Candle Burning Ceremony giving us an opportunity to honor or remember someone personal with a monetary gift. Karen Willis will lead us in this annual event. It will be done a bit differently this year. Susie Gerometta and Martha Ludtke will be hostesses at this meeting.

The UMW District Annual Meeting was held by zoom Sunday, September 26th, 2021.

We will not be having the Barbecue Beef Dinner this year. Our group was to be in charge of this and the proceeds would be going to Project Esperanza.

We offer our love and prayers to our member, Carol Delauter, whose husband, Roger, claimed the promise of the resurrection Saturday, September 18th, 2021. Carol is a fairly new member of our group and we extend our love and sympathy to her and her family.

Put Thursday, October 21st, 7:00 p.m. on your calendar. Let's have good attendance as we visit, eat and share in the work of the UMW.

Blessings, Polly Duvall, president

News from Outreach

Third Sunday Lunches



As you may have heard, we are now serving at the Salvation Army on Ft. Collier Rd instead of CCAP. This suggestion to move to another location came from Andrea Cosans, the new executive director at CCAP. CCAP has been working with WATTS to change how the homeless are being supported. WATTS is slowly taking over the daily feeding and sheltering of the homeless so that CCAP can focus on the ALICE population (Asset Limited, Income Constrained, Employed). Hot meals are being offered in various locations throughout Winchester and CCAP felt it is better to allow those organizations do the feeding while they continue to work on providing monthly groceries, diapers, clothing, and financial aid.

In June, we moved our 3rd Sunday lunches to the Salvation Army to be delivered by 12:45 pm and served at 1 pm. Cheryl Jones, Sharon Woodard, Danette Heinlein, and Laine Everhart are rotating as monthly leads to secure a meal for those staying at Salvation Army as well as those who come by to receive a takeout meal. No one is turned away from being fed at the Salvation Army. We have not been able to serve the meal until September, due to COVID restrictions at the shelter. Three volunteers stayed to serve and were able to talk with several of the guests. They heard so many compliments on the meal and expressions of appreciation for a hot lunch.

It takes about 8-10 volunteers each month to provide the meal and stay to serve so we want to have plenty of volunteers available, so no one feels overwhelmed. After speaking with the volunteer coordinator at Salvation Army, we have paired the meal down to the main course, two sides, bread, fruit, and dessert to serve 50.

If you would like to be included in the monthly email reminder for volunteering to provide food and/or serve or if you have questions, please contact Penny Croll ptcroll@hotmail.com.



As we continue to support Project Esperanza in the Dominican Republic with our prayers and financial support, we felt it was important to share this update from Caitlin regarding the struggles in Haiti and at the US-Mexico border.

We continue to fight for education.

You have probably observed disturbing images of an immigration crisis at the Mexico-US border where thousands of Haitians that have traveled through Latin America are seeking to enter the US. We have also experienced an influx in immigration from Haiti here in Puerto Plata. For about two years before President Jovenel was assassinated, gang activity has been so rampant. We've prayed about it continuously and thought long and hard about it.

Of course the recent earthquake also didn't help. Sometimes, the only thing you can do is pray. (Milene Gustave, group home caregiver, prayed with Caitlin for her home country after the earthquake which hit her home town of Les Cayes.) Thanks to a generous supporter, we were able to send financial support to her family and two other families.

PROJECT ESPERANZA CONTINUES ON THE FOLLOWING PAGE.....

PROJECT ESPERANZA CONTINUES.....

We firmly believe in an immigration policy that puts a strong focus on developing the home country of immigrants and refugees and equips and encourages immigrants and refugees to do that.

While we still seek sponsors for all of our students this school year, (school started September 20) we have started seeking sponsors for two schools in Haiti. We believe that in addition to the work we're doing in the Dominican Republic, empowering educators in Haiti is the best way we can help create change. Therefore, we are seeking sponsors for St. Thomas School in Cite Soleil, an area rampant with gang warfare, and for Maroquee Community School in Maroquee, Haiti, outside of Cap Haitian.

St. Thomas School has recently held our English camp at their school. We sent them some funds as well as a USB with all of the songs, videos, and worksheets, and they've sent back pictures and videos of kids eager to learn, huddled in the first floor of their two story school building as its too dangerous to go to the second story because of potential gun fire. We hope to share an interview with the school's director in an upcoming podcast.

We're seeking \$75 per student for the school year. Your donation can literally provide a child with an alternative to hopeless gang life. Below are photos of a few students at English camp. We just have two students sponsored so far for these two schools in Haiti.



Thank you for your continued love, support and prayers for Caitlin and her teachers who are working in the DR to help families find a better life through education. If you would like to learn more about Project Esperanza, visit their website <https://esperanzameanshope.org/> or feel free to contact Penny or Tom Croll ptcroll@hotmail.com

Peace and Blessings,

Tom and Penny Croll, Outreach Committee



Hearts of Grace
Caregiver Support Group
Contact: **Debbie Walker**
Email: dswalker1@yahoo.com
(540)664-0908 Cell / (540)667-6711 Home

Alzheimer's Wandering Series

Part 4: 8 Ways to prevent Alzheimer's/Dementia wandering – (#5 – 8)

5. Enroll them in a safe return program

In case they go/get out of the house, make it easier to find your lost older adult by enrolling them in a program like the Alzheimer's Association's Medic Alert Return. Once enrolled, your family member will get a wearable ID that allows people and law enforcement to identify once found, and return them to you. You may also want to contact local law enforcement agencies to ask if they offer Silver Alert or similar programs to help families locate a missing older adult.

6. Have them wear a GPS device at all times

You might feel safer if your family member wears a GPS tracking device at all times. A wearable GPS device like a wristband sends out tracking signals that can be followed by rescue personnel. Some local law enforcement agencies may offer locator services like Safety Net or Project Lifesaver.

7. Hide keys, purses, wallets

If car keys are accessible, seniors could drive off before you return from a quick bathroom break. To prevent this from happening, make sure all car keys are well-hidden and consider adding a wheel lock to the car. Another precaution is to hide their purse or wallet. Some people won't leave the house without those essentials.

8. Be prepared

Other ways to prepare just in case your loved one wanders and gets lost are to:

- Snap a quick photo of them each morning. You'll always have an up-to-date photo with the clothes they're wearing that day in case you need to show it to law enforcement and rescue personnel.
- Alert neighbors to their wandering behavior and share tips on how to distract or slow them down. Make sure all neighbors have your contact information
- Sew or iron-on ID labels with contact information into all their clothes.

This completes our series on ways to prevent a person with Alzheimer's/Dementia from wandering.

The support caregiver group, Hearts of Grace, will meet again on

Tuesday, October 12th

Burnt Factory Church/Faith Seekers Class

7:00pm.

Meetings fall on the second Tuesday of each month. I look forward to seeing those of you, who can make it. If not, please let me know and I can meet during the day. I would be more than happy to come to your home, if it's easier.

"When two or three people gather in my name, I am right there in their midst."

Matthew 18:20

Dear Lord, as I place my head on the pillow, I ask for Your peace to sweep over me. Please wash away all my care and concerns and give me the rest I need. Tomorrow, will be a new day and I need your strength and love, to help me through whatever the day holds.

AMEN

Wishing you peace, love and joy –

Debbie Walker





Path Finder Ministry

Contact: Debbie Walker

E-mail: dswalker1@yahoo.com

(540)664-0908 Cell / (540)667-6711 Home

Monthly: 3rd Wednesday @ Noon

Fellowship Hall

Jesus wants his love for you to be your foundation as he walks with you through this emotion-filled season of grief. We welcome you to join us on October 20th in fellowship, comfort and support.



Pathfinder Luncheon

Save the Date

Wed. Oct. 20th 2021

BFUMC Fellowship Hall

12:00 Noon

RSVP: Debbie Walker

By Fri. Oct. 15th

(540)664-0908 / (540)667-6711

dswalker1@yahoo.com

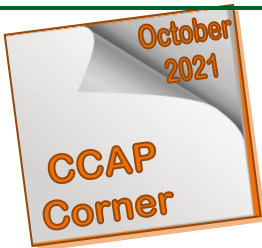
Please Join Us

Please let us know if you will be attending. There is a sign-up sheet in the Fellowship Hall. You may also contact me by email or phone. If you have any questions, please don't hesitate to let me know.

The Path Finder Ministry is a safe space of compassion, respect, and encouragement for those currently experiencing the loss of a loved one, or have previously experienced loss. We will gather as a community of empathy, acceptance, and emotional support.

"I can do all this through him who gives me strength." Philippians 4:13

May God keep you in his warm and comforting embrace,
Debbie Walker



CCAP is a cooperative effort of individuals, civic groups, businesses, and religious communities in Winchester and Frederick County. They have unified to provide financial, material, and supportive assistance in a loving way. Even with the help of existing social service programs, CCAP clients are unable to meet their needs and responsibilities. CCAP's desire is to do God's work in a world where many basic human needs are simply not met.

VOLUNTEERS NEEDED: Volunteers are needed in the main building to sort clothing donations. Please consider taking a shift between the hours of 9 - 1 to sort through donations for use in the Clothing House. The House is open for free shopping to all CCAP Clients. Many new clients have been signing up as needs continue to grow.

Donations currently needed: Gently used Men's jeans, shorts, belts, T-shirts, sweatpants and sweatshirts; Men's and Women's Tennis Shoes; Gently used Linens including bedsheets, pillowcases, blankets and towels. All donations can be dropped off Monday – Friday from 10am-1pm at 212 S Kent St., Winchester.

Looking ahead - **Thanksgiving** giveaway in November. Sign-up genius will be available for non-perishable food and turkeys beginning the end of October.

Thanks so much to our loyal volunteers from Burnt Factory:

- To those that are still packing food boxes (Hope Owens (Pantry Coordinator), Tom and Penny Croll, Dave Darcie and Marcia Etu, Kathy Dixon, Laine Everhart, Jan Loeffler, Lisa Patterson, and Sharon Woodard),
- To Dave Darcie for doing pickups and drop-offs of store donations,
- To Dave and Marcia for taking the recycling to the recycle center,
- To Penny Croll for working in reception to sign-in clients,
- To Cheryl Jones and Kathy Dixon for working in the Clothing House.
- To Dave and Marcia for trimming the bushes and cleaning up outside the Clothing House.

This organization could not run without the Volunteers. Please contact any of our volunteers if you are interested in helping in this ministry.

*Thank you for your continued prayers and donations of items and time.
Patty Leonard*



BUDDY'S FUNNIES FOR OCTOBER



1. What would you call two **Banana** skins? A pair of **Slippers**!
2. What is the left side of an **Apple**? The part that you don't eat!
3. I used to be a member of the Secret **Cooking Society**, but they kicked me out for spilling the **Beans**!
4. Margie asked Buddy, "Will you **Fix** dinner?" Buddy answered, "I didn't know it was **Broken**!"
5. Do you think **Humpty Dumpty** is looking for winter? No, because he had a Great **Fall**!

"I'm sorry, I am at the bottom of the Barrel! Keep smiling until we meet again!"

Your Funny Friend, Buddy!





OCTOBER 2021 CHURCH CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hearts of Grace Caregiver Support Group meets the second Tuesday of each month. October 12th is the day they meet this month. They will meet in the Faith Seekers Class at 7:00pm.</p>					<p>1 PRINTING OCTOBER NEWSLETTER</p>	<p>2 9:00am "Roof Wreckers' Fellowship Hall</p>
<p>3 8:30am-In-Person Worship 11:00am-In-Person Worship 12:30pm-Confirmation</p>	<p>4</p>	<p>5 10:30am-Bible Study Fellowship Hall 6:30pm-Choir 7:00pm-Bible Study Fellowship Hall</p>	<p>6 9:30am-Pastor's Office Hours</p>	<p>7 7:00pm-Boy Scouts</p>	<p>8</p>	<p>9 9:00am UMMen Clean-up Day at Saratoga House in Kernstown</p>
<p>10 8:30am-In-Person Worship 11:00am-In-Person Worship 12:30pm-Confirmation</p>	<p>11</p>	<p>12 10:30am-Bible Study Fellowship Hall 12noon-2/4 BLT 6:30pm-Choir 7:00pm-Bible Study Fellowship Hall</p>	<p>13 9:30am-Pastor's Office Hours</p>	<p>14 7:00pm-Boy Scouts</p>	<p>15</p>	<p>16 9:00am "Roof Wreckers' Fellowship Hall</p>
<p>17 LAUREL COLLECTION 8:30am-In-Person Worship 11:00am-In-Person Worship 12pm-Salvation Army Lunch 12:30pm-Confirmation 5:00pm-Youth</p>	<p>18</p>	<p>19 10:30am-Bible Study Fellowship Hall 6:30pm-Choir 7:00pm-Bible Study Fellowship Hall</p>	<p>20 9:30am-Pastor's Office Hours 12noon-Pathfinder Luncheon Fellowship Hall</p>	<p>21 7:00pm-UMW Fellowship Hall 7:00pm-Boy Scouts</p>	<p>22</p>	<p>23</p>
<p>24 8:30am-In-Person Worship 11:00am-In-Person Worship 12:30pm-Confirmation</p>	<p>25</p>	<p>26 10:30am-Bible Study Fellowship Hall 12noon-2/4 BLT 6:30pm-Choir 7:00pm-Bible Study Fellowship Hall</p>	<p>27 9:30am-Pastor's Office Hours NEED November Newsletter Articles by 3:00pm</p>	<p>28 7:00pm-Boy Scouts</p>	<p>29 PRINTING November Newsletter</p>	<p>30</p>
<p>31 8:30am-In-Person Worship 11:00am-In-Person Worship</p>						

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October 2021