

SMOKE SIGNAL

2022

Our Mission Statement

Sharing the love of Christ with ALL

“Let your light so shine before men that they may see your good works and glorify your Father who is in heaven.”

Burnt Factory United Methodist Church
1943 Jordan Springs Road
P. O. Box 399
Stephenson, Virginia 22656

From a branch on the Vine,



Got a favorite song? One of those tunes that brings back an important moment, a golden memory? *Perhaps Love* by John Denver and Placido Domingo is one for me. It was Deb’s and my wedding song; and yes, it is a good memory – which is still unfolding. One of the lines is, *in those times of trouble, when you are most alone, the memory of love will bring you home.* OK, it is for a wedding, but can love bring you home?

Pastor Steve just concluded a wonderful sermon series on Elephants in the Room (anxiety, addiction, depression) where he explored the challenges all of us face to one degree or another. Those who suffer greatly are not to be shamed but helped as best we can with the right resources.

Where is Jesus in the room? Right in the middle. God, as experienced in the benevolence of the Father, the redemption or “way back” of Jesus the Son and in the ever-present help of the Holy Spirit. Those who believe, know this to be true; those who doubt will come to know it by revelation in this life or an accounting in the one to come. God is love and it is God’s love that brings us home. That sounds wonderful to some and a Disney fairy tale to others. How do we reveal the truth of the Gospel that God can bring all people to an everlasting and whole life?

What does that look like to someone who is carrying an elephant on his or her back? The fairy tale would be that everything works out to a happy ending, but that is not the truth. People, good and bad, deserving and underserving, suffer. God does not cause the suffering; He does offer strength in the pain. He is not in our lives to turn our pumpkins into royal coaches or kiss us awake from an eternal sleep. God is our ever-present help, not the magic genie to grant us wishes. The way of God is to walk with us and guide us on a path to the better life. He does not set us on a transporter and beam us to a different circumstance. Changing our lives is by accepting Jesus as the guide.

This sounds all well and good from the pulpit or in a newsletter, but how is it with someone who is in the affliction? Like a fairy tale? How do we make the love of Jesus real to one who is in their own hell? Be present; Be patient; Be hopeful.

All of us want our lives to matter, and they do - mistakes and all. Being present shows you value another person enough to be with them. It may not change the circumstances, but it will show love for a fellow child of God. God does not abandon His own – ever. The best ministry, although difficult, is to be there, give of your time.

To be present requires patience, a rare commodity. For someone in darkness, the light of hope starts as an ember and slowly grows brighter yet still flickers from setbacks and overwhelming temptations. Hang in there, grant grace 70 x 7 times. You are a part of God's redeeming love. A difficult and bumpy road that gets smoother and ends on the golden streets of heaven.

Being there and being patient leads to hope. We may not solve problems, but we are givers of hope because of what Christ has already done for us. In your story, did everything go well? It hasn't for me. Because we have overcome our challenges by the grace of God, we are proof that God brings hope to all. We are victors when God is the champion of our battles. Hope is so important to those whose don't have it. We can give the gift of hope if we are patiently present with those who are suffering.

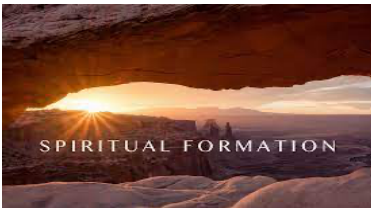
One more word. Caring and ministering is not enabling. Our goal is to help others be released from the demons/ elephants. This doesn't mean hiding from the truth, ignoring it or making excuses. With God's guidance, we are caring hands. The ultimate decision to be free of the demons is the person who is suffering. We can help, but we cannot force others to change their lives. We place our faith in God's power to take the scales from their eyes to see the truth of the better life. God wants to and is able to bring us home.

Love invites you to come closer; it wants to show you more.

Even if you lose yourself and don't know what to do, the memory of love will see you through.

God want to show us more of His love.

In Christ, *Rcb*



Sunday, September 25th, was Pastor Steve's last Sunday for a while as he is taking a six week (41 days to be exact), *Spiritual Formation Leave*. This is a time of reflection, discernment, study, and rest. It is a time for Melanie and Steve to recharge the old batteries. They will cherish your

prayers during this time away.

Pastor Steve will return to the pulpit on November 6th. We have some great speakers lined up for October, listed toward the end of the newsletter in *What's Happening Down the Worship Road?*

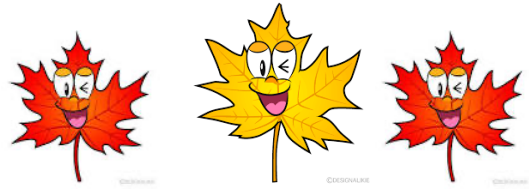
Pastor Steve will be available for vital emergencies. Our wonderful staff at BFUMC stand ready to take care of all your needs. God bless.



God of hope, may You fill our pastor and his wife with all joy and peace as they trust in You, so that they may overflow with hope by the power of the Holy Spirit (Romans 15:13).



Buddy's Jokes



- 1st Josh Jenkins
Serenity Buddenhagen
- 2nd Donna Willis
Martha Pool
- 5th Kathy Dick
- 8th Jill Crowe
Asher Nathaniel Dennis
- 9th Doris Duvall
- 12th Bubba Hall
- 14th Jim Shepley
- 18th Mike Young
Lillian Sutphin
Jack Jenkins
Ramona DelLaFe
Kathy Dixon
- 20th Savanna Lee
- 21st Tiffany Smith
- 23rd Darlene Morrison
- 24th Ryan Swisher
- 25th Sean Everhart
- 26th Nathan Thompson
Ayda Rodgers
- 27th Anne Kackley

1. Why did the softball player save all her money?
2. Which tree is always at the doctor's office?
3. Why did the pig grow so fast?
4. What plays music in your hair?
5. What is a hyena's favorite cookie?
6. Why did the boy stop using the pencil?
7. Why don't you like rabbit soup?

Thank goodness!!! That's all folks!



Try learning this song...

What a Friend we have in Jesus, all our sins and griefs to bear!
 What a privilege to carry everything to God in prayer!
 O what peace we often forfeit, O what needless pain we bear,
 All because we do not carry everything to God in prayer.

Love from
 Margie and Buddy

(Answers on next page. Look for the laughing pumpkin.)



- 3rd Tom and Cindy Miller
- 7th Scott and Ruth Ann Snyder
Jason and Angela Wiseman
- 8th Kenny and Christina Rohrbach
- 11th Mike and Allie Goode
- 12th Buddy and Margie Willis
- 14th Duane and Karen Swisher
- 21st Tim and Jennifer Stinnette
- 24th Larry and Kathy Dick
- 29th Wilson and Theresa Gilbert





Children's Christmas Program

October 23	6-6:30 pm Program information and interest meeting. Please attend for a part, speaking or non-speaking we have plenty.
November 6	5-6:30 Play practice— Table Read
November 13	5-6:30 Play Practice
November 20	5-6:30 Play Practice
November 27	5-6:30 Play Practice
December 4	5-6:30 Play Practice
December 11	7pm Children's Christmas Program!! Live and In Person!!

Miss Carrie 540-247-3199

YOUTH GROUP MEETING/ACTIVITY DATES!!!

October 2 Regular meeting in Youth Cottage... 5-6:30pm

October 16th AFTER CHURCH 1pm-3pm Picnic and hike at Blandy. We will take the bus. Bring a packed lunch. Youth will supply drinks

October 29th Fall Family Fun Fest Youth will help with the trunk or treat! Come dressed in costume

November 18th-19th Youth Lock-In at the church. 6pm Friday-Noon Saturday



*Bring sleeping bag/air mattress, pillow. Will be sleeping on the floor in Social Hall and Narthex.

Any questions text Miss Carrie 540-247-3199



Answers to Buddy's Jokes:

1. She was a Penny Pitcher.
2. A sickmore tree
3. He eats like a hog.
4. A headband
5. Snickerdoodles
6. It was pointless.
7. Somebody told me it had a hare in it.



Think Sudden Cardiac Arrest is a Heart Attack?

That's like comparing apples and oranges.

October 2022 Faith Community Nurse Article

October is Sudden Cardiac Arrest Month

Sudden Cardiac Arrest is a leading cause of death in the United States, taking the lives of more than 356,000 people each year, including more than 23,000 youth under age 18.

Sudden Cardiac Arrest (SCA) is NOT a heart attack. A heart attack is caused by impeded blood flow through the heart. SCA is caused by a structural or electrical problem, often from an undetected heart condition, and in other instances, from an infection or a severe blow to the chest.

In high school athletes, sudden cardiac arrest is the Number 1 cause of death. But statistics on how prevalent it is varied greatly, depending on the research, ranging from 1 in 40,000 to 1 in 80,000. The symptoms of sudden cardiac arrest, unfortunately, overlap with what many athletes feel almost every day. Shortness of breath, chest pain, a very fast heartbeat. Athletes routinely push themselves and many may feel those types of symptoms now and then. Undetected heart conditions are just not on the radar because the athletes pass every physical and never complain. The point is it's very rare, but the risk of suffering sudden cardiac arrest is 10 times higher during practice or play, because the heart must work harder.

The SCA survival rate is less than 10%. The survival rate has remained stagnant for three decades because the public is not prepared to save a life. Survival depends on emergency intervention beyond calling 911 within three minutes of collapse. A bystander administering hands-only CPR can triple a person's chance of survival and using an AED in the first minute of collapse can increase survival to 90%.



SUDDEN CARDIAC ARREST

VERSUS

HEART ATTACK



ELECTRICAL



PLUMBING

THEY ARE NOT THE SAME

Sudden Cardiac Arrest Victim

Heart Attack Victim

Electrical malfunction causes the heart to suddenly and unexpectedly stop beating	Blockage in coronary arteries interrupts blood flow to the heart
Can happen at any age, including children and teens	Happens mostly in people over age 35
Person is unresponsive and NOT breathing	Person is responsive and breathing
Person may gasp or shake, as if having a seizure	Person may experience chest, neck or left arm pain, shortness of breath, sweating or nausea
Call 911	Call 911
People nearby must start CPR immediately to triple chance of survival	Responsive victims don't need CPR/AED
The use of an AED, is the only way to restart a heart; AEDs can be used by anyone	Start CPR if person becomes unresponsive and experiences sudden cardiac arrest

*"My flesh and my heart may fail, but God is the strength of my heart and my portion forever."
Psalm 73:26*

Continually **praying** for your health and well-being.

Theresa

You can reach me at any time by e-mail at tgilbert@afpdocs.com or theresahgilbert@gmail.com or by phone at (540) 247-5612

As your faith community nurse, I am here to serve as a bridge to better health, meeting the wholistic healing mission of the church by partnering with the pastor as a healer of the spirit, mind and body.



October 2022 Relay for Life Newsletter Article

Every October, the nation observes **National Breast Cancer Awareness Month**.

Below is a list of things that you can do to improve your chances of getting breast cancer:

- **Conduct monthly self-exams.** In addition to medical screenings, the National Breast Foundation and many medical professionals recommend a monthly self-exam. To learn how to do a breast self-exam, check out the self-exam guide offered by NationalBreastCancer.org.
- **Quit smoking.** According to the National Cancer Institute, smoking is a significant risk factor for breast and many other types of cancer. Non-smokers are at a lower risk than smokers regardless of your age or how long you have been a smoker.
- **Exercise more.** Regular exercise and a healthy diet can also lower your risk factors.

2022 Relay for Life Re-Cap

A huge thank you to everyone that came out to support The Believers on September 10th. We had a great time in fellowship supporting survivors and remembering loved ones lost.

The event raised \$ 44,350.00.

The Believers raised \$12,524.00 with the top fundraiser from the Believers raising \$3,404.

Lisa and I appreciate your support this year and we will let you know soon what's on the horizon moving forward.

We thank you for your support!

Theresa Gilbert and Lisa Garver, Co-Captains

Sisters and brothers of BFUMC, during the month of October we will be collecting items for the Laurel Center. Now that the autumn chill has arrived their wishlist includes:

- hooded sweatshirts, S M & L
- twin size comforters (not blankets)
- juice boxes
- individual kid snacks
- bottled water
- Walmart gift cards

Red bins are in the Narthex for your donations. God bless you for supporting this worthwhile organization.

Thank you. Donna Gallagher

Laurel Center Mission Statement

Empowering those affected by domestic and sexual violence, by providing emergency housing, advocacy, outreach, support services, education, and awareness.

UNITED WOMEN in FAITH

October 2022



Our last meeting was August 25th with 15 members present and two guests. We were glad to have Ann Kackley's sister, Kay with us as well as our state president, Nancy Walsh. Jani Shope passed cards around to send to our shut-ins and those needing extra love. Thanks to Dolores Knight for providing the cards tonight. We had a report from our treasurer and an update on Project Esperanza. Members continue to bring in school kit supplies for next year's kits. This is the best time to buy while they are cheap.

Due to the violence that has been happening in the schools around the country, Deb Moss and Susie Gerometta provided us with a list of all area schools, both public and private. We each chose a school or two to pray for the safety of our children during the year. At each meeting, we are all given a missionary name with their birthdates. We send them e-mails with messages wishing them a Happy Birthday and prayers for their ministry. Sometimes they reply.

Since the church won't be making Apple Butter or having the Beef BBQ dinner this year, a committee composed of Jani Shope, Diann Duvall, Christina Rohrbach and Susan Hyatt along with Gwen Callahan will discuss what fundraisers would be profitable. Nancy Walsh, who is a member of Braddock Street UMC, suggested soup sales that their church often does.

Polly led the annual Candle Burning Ceremony. Each member made a donation and lit candles in Honor/or in Memory of loved ones. We want to reach out to any women who may like to attend our meetings but don't drive at night. We can certainly make arrangements to provide transportation for them.

Our annual District meeting was held in person this year at Front Royal UMC on Sunday, September 25th from 2:00-5:00 p.m. Our next meeting is scheduled for October 20th. Susie will provide refreshments and Anne will lead our Pledge Service. We will also discuss officers for the coming year as well as our district pledge for the coming year.

Continue to pray for your local prayer partner, your missionary name, and our church leaders. Pray for Pastor Steve as he is taking a six-week Spiritual Formation Leave. We will miss him but know that he has chosen capable people to fill the pulpit each Sunday.

Jeremiah 29:11 "For I know the plans I have for you....to give you hope and a future".

BLESSED! THANKFUL HEARTS GRATEFUL!

Polly Duvall, UWF president

CONDOLENCES

As many have experienced the loss of a loved one, please remember them in prayer:

Remember the Golightly/Melester families as they grieve for Melanie's Uncle and Aunt

Remember the Eckart family as they grieve the passing of Ian

Remember the Brown/Morgan family as they grieve the passing of Jessica's brother, Brian Alan.

Remember the Stinnette family as they grieve the passing of Tim's mother.



“Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief” (Psalm 31:9, NIV). My heart is broken, my mind exhausted. I cry out to you and hardly know what to ask. All I can do is tell you how I feel and ask you to “keep track of all my sorrows. . . . [collect] all my tears in your bottle. . . . [and record] each one in your book” as I pour them out to you (Psalm 56:8, NLT). Amen.





Hearts of Grace
Caregiver Support Group
Contact: Debbie Walker
Email: dswalker1@yahoo.com
(540)664-0908 Cell / (540)667-6711 Home

Four Ways to Get Someone with Dementia to Change Clothes

A common challenge for Alzheimer's and dementia caregivers is figuring out how to get someone with dementia to change clothes regularly. The damage that dementia does to the brain can cause behavior like this that doesn't make sense to us. Your older adult might refuse to change even if their clothes have been worn nonstop for a week and are obviously soiled and smelly. Or they might insist on wearing the same outfit day and night. And sometimes they might choose clothing that completely clashes and looks strange or wear items the wrong way.

Six possible reasons for their refusal to change and 4 ways to get someone
With dementia to change their clothes more often.

6 Possible Causes

Understanding what could be causing someone's refusal to change clothes can help you find an approach that works. It also gives some perspective on the situation and can help you realize that your older adult isn't doing this on purpose.

1. Impaired memory or judgment
 - Forgets that they haven't changed clothes in a long time or thinks that they changed recently
 - Is losing the ability to keep track of time
 - Forgets that the clothes are dirty after taking them off
 - Is no longer making good choices
2. Need for control
Insists on independently making their own choices even if their judgment is impaired
3. Need for comfort and security
Is comforted by the familiarity or routine of wearing the same clothing.
4. Struggles with everyday tasks
 - Is overwhelmed by the choices and steps needed to get dressed
 - Has difficulty with the physical motions required to dress and undress
 - Has body aches and pains or being easily fatigued makes changing clothes and/or doing laundry too difficult
5. Feeling overstimulated or uncomfortable
Avoids clothing items that have distracting patterns or colors, difficult fasteners, or uncomfortable fit.
6. Weakened or dulled senses
 - Can't smell the odors caused by wearing soiled clothing
 - Doesn't notice or see stains or dirt

Decide if a change of clothing is necessary. We've gotten used to changing our clothes every day and switching to pajamas for sleeping. But neither are strictly necessary for health and hygiene. If their clothing is not soiled, your older adult may not need to change every day. After all, many people regularly wear their shirts and pants a couple times before putting them in the laundry.

And if your older adult is clean enough and comfortable, there's no reason why they can't wear the same outfit during the day as well as for sleeping at night - especially if they're comfortable loungewear. Sometimes it's a matter of timing. Your adult might be tired, cranky, or not feel like

changing at that moment. Plus, if your adult isn't leaving the house, they may not feel that the effort to change is needed – especially if dressing is tiring or physically difficult. Before asking a reluctant person to change clothes, consider if it's really necessary or if it can wait until later or another day.

4 ways to get someone with dementia to change clothes

1. Avoid using logic and reason to convince them
 - Avoid using logic or criticism, like saying “Dad, you’ve been wearing the same clothes all week and they’re really dirty and smelly?” Hearing that would put anyone on the defensive. Plus, the logic and reason are likely to confuse someone with dementia – making them even more sensitive.
 - Because of the damage dementia has caused in their brain, they’ll insist on believing their own thoughts and memory over yours, no matter what the facts are.
2. Get clever or sneaky
 - Wait for them to fall asleep and then remove dirty clothes from their room and replace with fresh clothes
 - Buy identical replacement outfits (same color and style) so you can replace them without your older adult noticing (if that’s an issue.) and so you can wash one set while the other is being worn.
 - If they sleep in the same clothes they wear during the day, your only option may be to quietly replace with fresh clothes while they are bathing.
3. Make dressing easier
 - Clear out the closet so there are fewer options and less decisions to make.
 - Choose clothing in favorite solid colors instead of distracting patterns.
 - Remove clothing that isn’t appropriate for the season
 - Choose clothing easy to put on and take off
 - If you lay out their clothing, do it in the same order every day.
 - Give them plenty of time to dress themselves so they don’t feel rushed or get flustered.
4. Gain perspective on the situation
 - Ask yourself if you’re bothered by their choice of clothing because you don’t like it or if there’s actual soiling or odor that’s causing a problem
 - Let go of embarrassment if you think an outfit isn’t appropriate, but your adult loves it (assuming it’s clean and weather appropriate).
 - Ask yourself if you’re more concerned about following current societal norms of changing and bathing daily rather than what’s needed to maintain health.

Heavenly Father,

In moments of frustration help me to be slow to anger and refrain from letting any anger or frustration make a situation worse. Help me to have patience and understanding. In our Glorious Name we pray. Amen

Dear Friends –

If you are in need of someone to talk to, who understands and has walked in your shoes, please contact me. I’m available to meet with you, any place or time.



Wishing you peace, love and joy
Debbie Walker



Pathfinder Ministry

Contact: Debbie Walker

E-mail: dswalker1@yahoo.com

(540)664-0908 Cell / (540)667-6711 Home

Monthly: 3rd Wednesday @ Noon

Fellowship Hall

Jesus wants his love for you to be your foundation as he walks with you through this emotion-filled season of grief. We welcome you to join us in fellowship, comfort, and support.



Pathfinder Luncheon

Wed. Oct. 19th, 2022

BFUMC Fellowship Hall

12:00 Noon

Info or Questions contact:

Debbie Walker

(540)664-0908 / (540)667-6711

dswalker1@yahoo.com

Please Join Us

There is a sign-up sheet in the Fellowship Hall. If you are not sure ahead of time that you can make it, but on the day of the meeting you would like to come – PLEASE COME - YOU ARE WELCOME!

The Pathfinder Ministry is a safe space of compassion, respect, and encouragement for those currently experiencing the loss of a loved one, or have previously experienced loss. We will gather as a community of empathy, acceptance, and emotional support.

If you have any questions please don't hesitate to reach out to me.

"I can do all this through him who gives me strength." Philippians 4:13

**God keep you in his warm and comforting embrace,
*Debbie Walker***



It is hard to believe that Christmas is just over 4 months away! In November, we would like to begin sign-ups to “Fill the Kettle” for the Salvation Army’s annual fundraiser. Tim Heinlein led last year’s efforts but has since moved away. We are searching for new leadership for 2022! We have typically taken three Saturdays in December from 11am-4pm to ring bells at the JC Penney entrance at Apple Blossom Mall. However, this is flexible for the next leader to decide. The leader(s) will oversee the sign-ups, set up the kettle and be responsible for returning the kettle to the Salvation Army at the end of the shift. The gift of your time is a blessing to the Salvation Army as this helps to raise funds and awareness so they can continue serving those in need of temporary shelter and meals.

If you feel led to take leadership of a Saturday or two and invite some others to join you, we promise you will receive many blessings as you reach out into the community showing God’s love. Feel free to contact us with any questions. Tim Heinlein is available as well to answer questions and lend support remotely.

Thank you for your prayers and discernment,

Penny and Tom Croll Outreach Committee ptcroll@hotmail.com

DID YOU KNOW YOUR PASTOR WROTE A BOOK?

In his spare time and during the initial challenges of the pandemic, pastor Steve was led by the Holy Spirit to try his hand at writing a book. It is entitled *Watermelon Seeds: Stories, Thoughts and Ponderings of a Local Pastor --- Considering the Seeds of the Faithful*. The book shares stories of those people in his life that have made a serendipitous difference in his faith walk. The book encourages all of us to remember, celebrate and acknowledge all those in our lives that played a part in forming our spirituality. Christian Faith Publishing was instrumental in affirming and supporting our Pastor in this endeavor.

Watermelon Seeds is available through Amazon, Barnes & Noble, Cokesbury and other book outlets. To find out more visit www.facebook.com/Watermelon-Seeds-by-Rev-Steve-Melester

Watermelon Seeds

Stories, Thoughts and Ponderings of a Local Pastor
Considering the Seeds of the Faithful



*Based Upon the Parable of the Sower, Seed, and Soil
from the Glorious Gospel of Matthew 13:1-23*

Rev. C. Steven Melester



Outreach News for the Last Quarter of 2022

As we approach the final three months of 2022, the Outreach Committee has many opportunities to reach out into the community and beyond. Please take a moment to look over this list and prayerfully consider how you might be able to support one or more of these opportunities. Watch future bulletins for more information as each mission opportunity gets closer. Outreach meets bi-monthly, and all are welcome. Our next meeting is November 3rd, 7pm, in the Lower Cottage.

October: Collection for Laurel Center – contact Donna Gallagher – see the bulletin for the items most needed.

November: Thanksgiving Blanket Collection for CCAP/Diapers and Wipes for Red Wagon Ministry – contact Patty Leonard – more information provided in November

Sign-up for Christmas Meals through Social Services for Families – contact Kathy Dixon or Charlene Falkner – more information provided in November

WATTS (Hypothermia Shelter) at the Stonewall Ruritan – November 26th - December 3rd – contact Steve Cunningham - more details to be provided in November

December: Salvation Army Bell Ringing – contact Donna Gallagher or Charlene Falkner – sign-ups begin in November, watch bulletin for more information

Ongoing Outreach Opportunities:

Mentoring through Bright Futures- Greenwood Mill Elementary School – sign-ups are in the fellowship hall – contact Tom Miiller

Salvation Army Third Sunday Lunches – contact Penny Croll

Project Esperanza (Global Ministry) – support of students in the Dominican Republic – individual sponsorship is ongoing - contact Penny or Tom Croll

“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms so that in all things God may be praised through Jesus Christ.” 1 Peter 4:10-11

Blessings,
Penny and Tom Croll
Outreach Committee



Save the date for the Fall Family Festival!
Saturday, October 29th, Noon to 3pm.

We will be cooking hamburgers and hotdogs with the church providing condiments and drinks. Please bring a *side dish or dessert* to share along with chairs or blankets to enjoy the day.



Trunk and Treat will be at 2:00pm for all the costumed children as well as face painting and pumpkin painting. A good day to be together at the shelter.



If you would like to be considered for a District At-Large Member for the 2023 Virginia Annual Conference (Roanoke, June 15-17, 2023), nomination forms can be accessed at: <https://www.shenandoahriverdistrict.org/district-conference>, and need to be returned to the district office by October 31, 2022.

You may email your completed nominations forms to debbiecreech@vaumc.org or mail to Shenandoah River District, 78 Brook Creek Road, Toms Brook, VA 22660.

Nominated persons will be voted on at the District Conference on November 6, 2022, at Randolph Macon Academy, Front Royal, VA at 3:00 p.m.

**Friends and
family, it
could be fun!**





CCAP Corner

October 2022

CCAP is a cooperative effort of individuals, civic groups, businesses, and religious communities in Winchester and Frederick County. They have unified to provide financial, material, and supportive assistance in a loving way. Even with the help of existing social service programs, CCAP clients are unable to meet their needs and responsibilities. CCAP's desire is to do God's work in a world where many basic human needs are simply not met.

The Bike Tour in August was a big success. We had over 250 bikers sign up and raised over \$11,000. Many thanks to our Burnt Factory riders and volunteers!!!

The Friendly Neighborhood FREEDGE is open 24 hours a day for all to enjoy. If you are going out of town and have some fresh produce or items you do not want to go to waste, bring them down and share it with our community. Some examples of items: fresh fruits and vegetables, granola, cheese, prepackaged purchased sandwiched and yogurt. It is located at 419 N Cameron St, and you can stop and drop off your items directly to the refrigerator at any time. You can also sign up to be part of a cleaning crew for a day or a week; whatever works with your schedule. To sign up, go to www.ccapwinchester.org and click on the link to Our Friendly Neighborhood FREEDGE at the top of the website.

VOLUNTEERS NEEDED: The Unique Boutique (formerly the Clothing House) renovation is complete. All we need now are volunteers to help us serve our many clients. Volunteers are needed to sort clothing and work in our Unique Boutique. Please consider taking a shift between the hours of 9am – 1pm to sort through donations or to assist clients in the boutique. Volunteers are needed Monday thru Friday. The Unique Boutique is open for free shopping to all CCAP Clients. If you're interested, stop by any Monday, Tuesday, or Thursday between 9 and noon and you'll see Kathy Dixon, Cheryl Jones, Penny Croll or me working and can shadow us to see what we do. We are also looking for donation drivers to pick up from local stores, Monday – Saturday between 8 and 10 am. Please contact me or anyone on Outreach if you are interested in volunteering. We cannot operate without our volunteers.

Donations currently needed:

- Gently used Men's jeans, belts, T-shirts, hooded sweat jackets, sweatpants, and sweatshirts
- Women's fall and winter clothes, women's purses
- Tennis Shoes (all sizes men, women, and children)
- Girls and Boys fall and winter clothing, sizes 2T through teens
- Jackets and coats for all sizes and genders
- Gently used linens including bedsheets, pillowcases, blankets, and towels
- Tents and sleeping bags
- Baby diapers sizes 4, 5, and 6.

All donations may be dropped off Monday – Friday from 10am-1pm at 212 S Kent St. Winchester.

Thank you for your continued prayers and donations of items and time.

Patty Leonard





What's Happening Down the Worship Road?

Lots of great stuff!

As pastor Steve is away on spiritual formation leave, Burnt Factory welcomes five wonderful speakers to the pulpit to share the glorious Gospel of our Lord, Jesus Christ!

- On **October 2nd** Burnt Factory welcomes Lay Speaker **Bill Orndorff, from Round Hill UMC**, to share God's word!
- We will celebrate Holy Communion on **October 9th** this month with our beloved **Rev. Jay Hanke** filling the pulpit.
- On **October 16th** we welcome back the wonderful Christian band, **Stage Left**, to share their gifts and graces. Our own **Carrie Fair** will bring the message!
- **October 23rd** will bring back a great friend of Burnt Factory and a wonderful preacher and former **D.S. Rev. Larry Thompson**.
- Finishing out the month, last but certainly not least, will bring our own **Rob Moss** to the pulpit to deliver the Gospel message.

October is filled with great opportunities to come and worship in spirit and truth! You will be blessed!



Have you given your email address to Keith Roberts, yet?

Pastor Steve has special notices he needs to send to those who attend Burnt Factory. The notices will include not only prayer concerns, but also schedule changes during bad weather.

Keith keeps an email list in his computer for just such purposes. Your email address is protected and emails are sent, recipients not disclosed, to protect your privacy.

Kindly send your email address to Keith Roberts at john.k.roberts@comcast.net with the message:



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Women's Retreat @Camp Overlook Sept. 30-Oct. 2
2 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship	3	4 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	5	6 7-8:30pm Boy Scouts	7	8
9 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship	10	11 12pm-2/4 BLT 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	12 7-8pm Church Council	13 7-8:30pm Boy Scouts	14	15
16 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship 12pm-1pm Salvation Army Luncheon CCAP	17	18 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	19 12-1:30pm Pathfinders Ministry	20 7-8:30pm Boy Scouts 7:00pm – 8:30pm United Women in Faith	21	22
23 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship Laurel Center Donations	24	25 12pm-2/4 BLT 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	26	27 7-8:30pm Boy Scouts	28	29 12pm-3pm Fall Festival Trunk or Treat (shelter) 
30 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship 1-3pm Cantata Practice	31					

C. Steven Melester, Pastor
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BURNT FACTORY
UNITED METHODIST CHURCH

October 2022



Sharma Lewis, Resident
Bishop
Virginia Conference

The Rev. Dr. Victor Gomez, District
Superintendent
Shenandoah River District
www.shenandoahriverdistrict.org



Make a Difference Day!
Did You Know?

It is the fourth Saturday in October. This year it is October 22nd. Initiated in 1990, this is a national day is devoted to helping others by doing volunteer work in the community.

