





# SMOKE SIGNAL 2022

Our Mission Statement
Sharing the love of Christ with ALL
people.

"Let your light so shine before men that they may see your good works and glorify your Father who is in heaven."

Matthew 5:16

Burnt Factory United Methodist Church 1943 Jordan Springs Road P. O. Box 399 Stephenson, Virginia 22656 burntfactory.org PH: (540) 667-4993



# Pastor's Message

Pastor Steve Melester



The Book of Discipline of The United Methodist Church is the product of over two hundred years of the General Conferences of the denominations that now form The United Methodist Church. The Discipline is the instrument for setting forth the laws, plan, polity, and process by which United Methodists govern themselves. The Book of Discipline is the most current statement of how United Methodists agree to live their lives together and "maintain the unity of the Spirit in the bond of peace." It reflects our understanding of the church and articulates the mission of The United Methodist Church: To make disciples of Jesus Christ for the transformation of the world. The Discipline defines what is expected of its laity and clergy as they seek to be effective witnesses in the world as a part of the whole body of Christ.

This book of covenant sets forth the theological grounding of The United Methodist Church in biblical faith and affirms that we go forward as "loyal heirs to all that is best in the Christian past." It makes clear that The United Methodist Church is an inclusive society without regard to ethnic origin, economic condition, gender, age, or the disabilities of its constituents. It asserts that all who are baptized and confirmed are ministers of Jesus Christ.

In paragraph 350: Section 3 --- *The Book of Discipline* states this: A clergy member may request a formational and spiritual growth leave of up to six months while continuing to hold an appointment in the local church. Such leaves are available to clergy members who have held full-time appointments for at least six years. Such a leave shall be with the approval of the committee on pastor-parish relations, the church council, and the district superintendent. Annual conferences are encouraged to assist with pulpit supply and other temporary support for such leaves.

I want to announce that I have asked the PPRC, the Church Council and the District Superintendent to approve my request for a six-week formational and spiritual growth leave. They have all approved it. I will be taking six weeks (41 days to be exact) this coming fall to reflect, renew and rejuvenate.

My Last Sunday will be September 25<sup>th</sup> and I will return to the pulpit on November 6<sup>th</sup>. During my leave, the staff and leadership will take care of most of my responsibilities and the pulpit has already been filled for the five Sunday's I will be away.

I am humbled and very blessed to be the pastor of such a loving and grace-filled faith community. I am amazed every day at the generosity, hospitality, and service that Burnt Factory bestows upon each other, their staff, and the community. I am most thankful and blessed by all of you. I cherish your prayers as I take this time away to re-charge the old batteries.

God bless you all and may the peace of God fill your soul, Pastor Steve

\*During my time away, all calls will be handled by Rob Moss. In the event of an emergency or a severe situation, I will be available. I am also asking a few colleagues to fill in if necessary for extreme needs. You will hear more about this in the days to come.



After a long delay due to Covid, *Meet and Eat* is returning! We will be collecting information from anyone interested in participating through sign-up sheets in the Fellowship Hall or through an email to Sandy Burkhart, <u>sandyb135@gmail.com</u>. If you would like to sign up through email, please include your name(s), phone number and email so we can contact you.

If you are not familiar with *Meet and Eat*, it is a time of fellowship and a time to get to know other members of the church in a small group atmosphere. We will set up groups of about eight people with an assigned leader. The leader will coordinate with all members of the group to set up a convenient time to get together. Meetings will be once a month for three months and then we will mix things up by changing groups!

The deadline to sign up is September 18<sup>th</sup>, which will give us time to get the groups organized and begin meetings in October. If you have any questions, please email Sandy Burkhart, sandyb135@gmail.com.



#### 1st Delilah Ashley Murphy 4<sup>th</sup> Angela Wiseman Bob Hunt Crystalyn Edwards Zayne Bryant Cecilyn Bayliss Carol Delauter 5<sup>th</sup> Randy Willis Denise Willis 8<sup>th</sup> David Werdebaugh Linda Bodkin 9<sup>th</sup> Glen Bouder 11<sup>th</sup> Betty Livengood 16<sup>th</sup> Jennifer Stinnette 18<sup>th</sup> Brendan and Colton Luttrell 19<sup>th</sup> Sylvia Woods $20^{th}$ Sequoia Britton $22^{nd}$ Liz Duvall **Brandy Woods** Mallory Henschen 23<sup>rd</sup> Zoey Corron 26<sup>th</sup> Grant Henschen $30^{th}$ Debbie Burke



Carter Lynn Kerr

2<sup>nd</sup> Adam and Brandy Woods
 9<sup>th</sup> Steve and Melanie Melester
 21<sup>st</sup> Jim and Amy Shepley

# Buddy's Jokes



"Whoever invented air conditioning must have been really cool."

Kid: "Thanks, Dad, for turning down the thermostat." Dad: "Okay, don't sweat it."

"My friend couldn't afford to pay her water bill, so I sent her a get WELL card."

- 1. What style of shoes does a frog wear?
- 2. How come the teddy bear didn't eat a bite for supper?
- 3. What can you break without touching it?
- 4. What must break before you can use it?

Buddy: "When we get visitors, tell them to watch out for that big hole in the backyard because it is filled with water."

Margie: "He is okay, but he means WELL.

That's all folks! Love from Margie and Buddy

In Christ there is no East or West, in Him no South or North.

But one great fellowship of LOVE
throughout the whole wide Earth.

(Answers on Page 6. Look for the apple.)





# A Look At The Senior Luncheon



The Youth Served















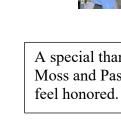






Even to your old age
and gray hairs
I am He,
I am He who
will sustain you.
I have made you and
I will carry you;
I will sustain you and
I will rescue you.

ISAIAH 46:4



A special thanks to Debbie Walker, Rob Moss and Pastor Steve...you made everyone feel honored.



Friends,

On September 18<sup>th</sup> we will be holding a "New Member" Sunday. If you are interested in joining Burnt Factory UMC in full membership, please let Pastor Steve know. He would be more than glad to meet with you and

answer any questions you may have. Membership is a long-held, wonderful tradition in the church that identifies a person with a particular faith community. The vows of membership are an ever-present, tangible sign of devotion to God as established through our baptisms. Membership is never mandatory but encouraged. The vow includes being loyal to the church by your presence, prayers, gifts, service and witness. Membership affirms our connection to God, Jesus and the Holy Spirit and to each other.

"Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who many form one body, and each member belongs to all the others."

Romans 12: 4-5

Welcome Amelia!
Josh and Christina Jenkins welcomed
their daughter, Amelia, into the world.

"Children are a gift
From the Lord;
They are a reward from Him..."
Psalm 127:3



#### **Answers to Buddy's Jokes:**

- 1. Open Toad
- 2. Because it felt stuffed, already.
- 3. A promise.
- 4. An egg.

Gather Friends and Family...enjoy God's beauty and have wonderful fellowship.





## There is still room...sign up now!

## **Burnt Factory United Methodist Women's Retreat**

WHAT: The 2022 BFUMC Women's Retreat

WHERE: Camp Overlook, 3014 Camp Overlook Ln. Keezletown, VA 22832

WHEN: Friday, September 30th through Sunday, October 2nd The time frame is from 5:00 pm on Friday to around 1:00 pm on Sunday.

This is a wonderful weekend of study, fellowship, and connection with your 'Sisters in Christ' at Burnt Factory.

The theme of the retreat is "It's a Wonderful World". This retreat includes two nights lodging at Blessings Lodge, Camp Overlook, along with all your meals (2 dinners (Friday and Saturday night), 2 lunches (Saturday and Sunday) two breakfasts (Saturday and Sunday).) It also includes a room with 1 or 2 roommates and a single bed, as well as all your retreat materials.

There will be a sign-up sheet in the Fellowship Hall to sign up if you are interested.

You can also ask any of the retreat leadership team any questions in person or via email. The retreat leadership team is Danette Heinlein, Jani Shope, Diana Smith and Angie Wiseman.

Cost is \$100.00 each. Scholarships are available if needed.





Blessings Lodge



## UNITED WOMEN in FAITH

September 2022



Our August meeting was postponed a week due to the parking lot being paved and lined. We were able to have our meeting on Thursday, August 25<sup>th</sup>. Details will be shared in next month's newsletter.

The beauty and usefulness of our shelter was appreciated by the district officers and

all who enjoyed the UWF Celebration Event on August 20<sup>th</sup> from 2:00 – 4:00 p.m. About 45 members attended and 12 of those were from our unit. It was a perfect day and the officers had planned great refreshments, (an ice cream social with fruit and cookies), 7-8 people gathered in groups remembering Bible facts (ones that didn't come to mind easily!), door prizes were given out and a reading with a response was shared. The time passed quickly, and it was good to gather with other active units that are struggling to get back to the way things were before the pandemic. This is the second year they have had this at our shelter, and it may very well become an annual event hoping attendance will grow each year. We have missed the annual Prayer Breakfast held at Lee-Jackson Restaurant for many years. This is probably the beginning of something to get the units together again. Those attending marvel at the beauty down there and are finding what we think is the best kept secret in Frederick County!

Our District Annual Meeting will meet in person this year at Front Royal UMC on Sunday, September  $25^{th}$  from 2:00 - 5:00 pm. I hope we can have one or two members attend this!

The Conference Annual Meeting will meet by ZOOM on October  $22^{nd}$ . There will be more details later along with the ZOOM invitation.

Have you checked out the school supplies we need for our conference kits? I've only been to Walmart and know they have these items we need: packs of notebook paper, 70 page spiral notebooks, boxes of 24 crayons, unsharpened pencils, handheld pencil sharpeners, children's blunt scissors, 2-inch erasers and rulers. We need 150 spiral notebooks (3 to each kit) and 300 pencils (6 for each kit). It's a lot cheaper to buy them now rather than next June when we will be getting our 50 school kits together. Bring them to the social hall and they will be taken down to the storage room until we are ready to package the kits.

Continue to pray for your unit prayer partner and remember the special days in her life (birthdays, anniversaries, etc.). Every day is better when you know someone is praying for you – and you are praying for others! As we are studying in JOB, even in troubling times, Praise God!! Also, keep all those involved in the school system in your prayers. A list of the local schools will be given out at our August meeting on the 25<sup>th</sup>.

Embrace your blessings!
Polly Duvall, UWF president













Project Esperanza primarily (but by no means exclusively) serves the Haitian refugee and immigrant population of Puerto Plata,

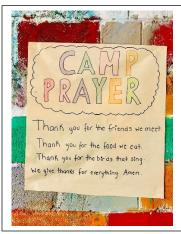
Dominican Republic in the areas of education, social aid, and community development.

#### A FEW UPDATES TO SHARE ABOUT THE SUMMER AND PLANS FOR BACK TO SCHOOL!

• English camp was very successful thanks to several volunteers that attended this year. They were able to offer 6 weeks of English camp and at the end presented a performance of the English songs they learned for the parents. Several campers even returned to camp for two extra days to complete a writing, illustrating, and presenting of their own stories! A special trip to the beach was the final celebration of camp. Visit Project Esperanza's Facebook page to see more photos and videos from Change My Stars Summer Camp 2023.







Caitlin and some campers.

Camp celebration at the beach!

• Sixteen students graduated from 6<sup>th</sup> grade. Here are pictures of three students who BFUMC has sponsored:







**Marie Lourde Youtte** 

**Julande Felime** 

**Fabienne Youtte** 

• Also, three students who attended Project Esperanza graduated from high school. Jeanceline graduated at the top of her class and gave a beautiful speech. Enelbi was a former group home member. Makenson, finished his degree working full-time and attending night school! We congratulate them on their accomplishments and wish them well in their next endeavor.







Jeanceline Enelbi Makenson

• As of August 17<sup>th</sup> – 74 out of 250 students have been sponsored for school year 2022-23 which starts September 19th. Would you like to help Caitlin achieve her goal of having all students sponsored this year? As little as \$15/month (\$180 per year) can help a child attend school.

From Edna-May, Sponsor Coordinator, "It is clear that our student body grew as a result of increased crisis and migration from Haiti due to political instability, natural disaster, high inflation, and intense gang violence (especially in the capital) that has plagued the country since the president's assassination in 2021. The US has seen record numbers of Haitians seeking refuge as well. . . We need all of you - as Haitians like to say "Men anpil, chay pa lou" - Many hands make the load lighter."

Thank you for your continued love, support and prayers for Caitlin and her teachers who are working in the DR to help families find a better life through education. If you would like to learn more about Project Esperanza, visit their website https://esperanzameanshope.org/ or feel free to contact Penny or Tom Croll ptcroll@hotmail.com

Peace and Blessings,

## Penny and Tom Croll, Outreach Committee

Burnt Factory has made Project Esperanza a signature ministry of the church and generously donates \$2,250 each year to support 15 students at Level 1 so they can attend the school. (Note: This will increase to \$2700 in 2023.) If you feel led to individually sponsor a child, there are 3 levels of support:

Level 1 - an annual donation of \$180 which covers daily lunch, a uniform shirt, and some materials.

**Level 2** - a monthly donation of \$30 which covers daily lunch, a uniform shirt, some materials, and contribution to the teacher's salary. (May be paid annually - \$360)

**Level 3** - a monthly donation of \$50 which covers daily lunch, a uniform shirt, some materials, contribution to teachers' salaries, and contribution to the facilities and educational farm field trips. (May be paid annually - \$600)

https://esperanzameanshope.org/become-a-sponsor/



## Hearts of Grace Caregiver Support Group

Contact: Debbie Walker
Email: <u>dswalker1@yahoo.com</u>
(540)664-0908 Cell / (540)667-6711 Home

## 5 Smart Tips for Hiring an Elder Law Attorney

### An elder law attorney helps seniors and families

Having the essential legal documents in place give you the necessary legal rights to provide the best care for your older adult, now and at the end of life. That's why it's so important to find an expert lawyer that you trust to draw up the right documents.

## What does an elder law attorney do?

- Power of attorney and important legal documents
- Long term care planning and paying for care
- Medicare and Medicaid planning
- Veterans benefits
- Estate planning
- Disability planning
- Elder abuse

### 2 Ways an elder law attorney helps seniors and family caregivers

1. Plan for the future and protect assets

The attorney has the expertise to make recommendations on how to plan for future care needs.

They often answer questions like:

- How can I qualify for Medicaid so it will pay for nursing home care?
- How do I protect mom's house and assets, but still afford the care she needs?
- How do I make sure my wife will have money left after all my care expenses are paid?
- What to do if I need to become dad's guardian or conservator?
- After I pass away, will Medicaid try to get money from my estate for the medical bills they paid and cause problems for my spouse and kids?

These are complicated questions and the answers will be different for each person. A reputable elder law attorney helps protect your senior's legal and financial situation and helps you figure out how to pay for the care they'll need. The fees are well worth it if they can save your family thousands of dollars and avoid future legal headaches.

2. Ensure all the legal documents are correct for your state
Laws are different (and very specific) for each state, so it's important that the documents are
prepared correctly. This is especially true for documents like a Power of Attorney, living
will (aka advance directive), and will. A local elder law attorney can make sure that your
older adult has completed all the important legal documents and that they're compliant with
state and local laws.

#### 2 Ways to find an elder law attorney

1. Get a referral from someone you know It's best to get a referral from someone whose legal needs were similar to yours. But even if you need and elder care lawyer and your cousin worked with an excellent civil attorney, that referral is still useful. Also, good lawyers typically know other good lawyers and will probably be able to refer you to a colleague they respect. Financial advisors, accountants, and fiduciaries (someone legally appointed to manage money) are professionals who often work with elder law attorneys. If you know and trust one of these professionals, ask them for a referral.

2. Check the National Academy of Elder Law Attorneys

The National Academy of Elder Law Attorneys (NAELA) is the professional organization for attorneys who specialize in elder law and special needs planning. Their website includes an attorney finder to help you find an elder law attorney in your area.

## 5 Smart Tips for hiring a good elder law attorney

After getting referrals, you'll still need to choose an attorney. Don't make up your mind about hiring a lawyer until you've met them, discussed your older adult's needs, and checked their credentials.

- 1. Meet for an initial consultation (possibly free)
  - An in-person meeting helps you get a feel for how they work and if their style works for you. If you summarize your needs in advance, many lawyers will be willing to meet for 15 to 30 minutes at no charge. If there is a consultation fee, find out how much it will be.
- 2. Find out how much experience they've had with issues similar to yours Experience comes with years in practice and with how many of those types of situations they've dealt with.
- 3. Evaluate their customer service

Working with someone who is professional and responsive is important. After speaking with a lawyer, ask yourself:

- Are they polite and professional?
- Do they return calls or emails in a timely manner?
- Do they take time to explain things to make sure you have a good understanding?
- Do they follow through with things they've said they'll do?
- 4. Take plenty of notes

To help you remember what each lawyer said and how you felt about them, be sure to take notes during and after the meeting. Later, review your notes to help you make the final decision. Look up the attorney's name or Bar number to make sure they're actively licensed to practice law in your state. This will also show if they've ever been publicly disciplined.

#### Heavenly Father,

Give me the energy necessary to fulfill my task. Grant me the strength and extra grace to be able to handle things I might not normally be able to handle. In your Precious and Glorious Name.

Amen

#### Dear Friends -

If you are in need of someone to talk to, who understands and has walked in your shoes, please contact me. I'm available to meet with you, any place or time.



Wishing you peace, love and joy Debbie Walker



## Pathfinder Ministry

Contact: Debbie Walker
E-mail: dswalker1@yahoo.com
(540)664-0908 Cell / (540)667-6711 Home
Monthly: 3<sup>rd</sup> Wednesday @ Noon
Fellowship Hall

Jesus wants his love for you to be your foundation as he walks with you through this emotion-filled season of grief. We welcome you to join us in fellowship, comfort and support.



Pathfinder Luncheon
Save the Date
Wed. Sept. 21st, 2022
BFUMC Fellowship Hall
12:00 Noon
Info or Questions contact:
Debbie Walker
(540)664-0908 / (540)667-6711
dswalker1@yahoo.com

Please Join Us

There is a sign-up sheet in the Fellowship Hall. If you are not sure ahead of time that you can make it, but on the day of the meeting you would like to come – PLEASE COME - YOU ARE WELCOME!

The Pathfinder Ministry is a safe space of compassion, respect, and encouragement for those currently experiencing the loss of a loved one, or have previously experienced loss. We will gather as a community of empathy, acceptance, and emotional support.

If you have any questions please don't hesitate to reach out to me.

"I can do all this through him who gives me strength." Philippians 4:13

God keep you in his warm and comforting embrace,

Debbie Walker

## **CONDOLENCES**

As many have experienced the loss of a loved one. please remember them in prayer:

Remember the Everly family as they grieve for Jeff's father, Bill.

Remember the Walker family as they grieve the passing of Debbie's brother, Paul Sirk.

Remember the Dick family as they grieve the passing of Larry's father, Alan.



Be strong and courageous. Do not be afraid or terrified because of them. For the Lord your God goes with you; he will never leave you nor forsake you.



"Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief" (Psalm 31:9, NIV). My heart is broken, my mind exhausted. I cry out to you and hardly know what to ask. All I can do is tell you how I feel and ask you to "keep track of all my sorrows.... [collect] all my tears in your bottle. . . . [and record] each one in your book" as I pour them out to you (Psalm 56:8, NLT). Amen.





It is hard to believe that Christmas is just over 4 months away! In November, we would like to begin sign- ups to "Fill the Kettle" for the Salvation Army's annual fundraiser. Tim Heinlein led last year's efforts but has since moved away. We are searching for new leadership for 2022! We have typically taken three Saturdays in December from 11am-4pm to ring bells at the JC Penney entrance at Apple Blossom Mall. However, this is flexible for the next leader to decide. The leader(s) will oversee the sign-

ups, set up the kettle and be responsible for returning the kettle to the Salvation Army at the end of the shift. The gift of your time is a blessing to the Salvation Army as this helps to raise funds and awareness so they can continue serving those in need of temporary shelter and meals.

If you feel led to take leadership of a Saturday or two and invite some others to join you, we promise you will receive many blessings as you reach out into the community showing God's love. Feel free to contact us with any questions. Tim Heinlein is available as well to answer questions and lend support remotely.

Thank you for your prayers and discernment,

Penny and Tom Croll Outreach Committee ptcroll@hotmail.com

## Remembering 9/11

On this day of solemn remembrance:
May we honor the lives that were lost in this tragic act.
May we give thanks for those who served and saved, rendered aid and assistance.
May we give comfort to those who live with loss.
May we seek justice and peace where it is within our ability,
and rely on you when the ability escapes us.

On this day of solemn remembrance:
May we build what has been torn down.
May we mend what has been broken.
May live your love when hate seems to reign.
May we bear witness to the cause of peace.

Amen.

(Derek Weber, Michigan UMC)





## September 2022 Faith Community Nurse Article

## How Calories Add Up

Think about what you are currently eating to see if you can discover any trends about when during the day/week you are most likely to eat high calorie foods.

There are three simple equations to remember:

- If you burn off more calories than you eat, you WILL lose weight!
- If you burn off the same amount of calories as you eat, you will stay the same weight
- If you burn off fewer calories than you eat, you will gain weight

By having	Additional Calories	Weight gained per year if eaten every day	
		kilograms	pounds
$\frac{1}{2}$ cup orange juice	55	2.7	6
1 Tbsp. peanut butter	95	4.5	10
1 small pancake	60	2.8	6
1 Tbsp. mayonnaise	100	4.8	10.5
$\frac{1}{2}$ cup white wine	118	5.2	11.5
1 cup cider or fruit juice	103	5	11
1 slice chocolate cake	235	11	24
1 square milk chocolate	250	12	26.5
1 handful of chips	106	5	11
1 slice of cheese pizza	290	13.9	30.5
1 oz. sliced cheese	105	5	11
1 Tbsp. sugar	45	2	4.5

## Try starting with this easy food exchange list

High-calorie foods	Replace with
Processed dressings	Oil and balsamic vinegar
Sour cream	Greek yogurt
Cream-based dips	Salsa
Soda/fizzy drinks	Sparkling water
Pancakes with syrup	Replace syrup with fresh fruit
Corn or potato chips	Air-popped popcorn
Alcoholic cocktails	Wine or beer

White rice	Brown rice
Regular pasta	Whole wheat pasta
Sugary cereal	Oatmeal
Mayo	Mustard
Fatty meats (ex. chicken nuggets)	Lean meats (ex. chicken) grilled or
	baked
Bagels	Toast or rye bread
Fried eggs	Boiled or poached eggs

<sup>&</sup>quot;A righteous man eats until his heart's content or eats enough to satisfy his appetite."

Proverbs 13:25

# Continually praying for your health and well-being. Theresa

You can reach me at any time by e-mail at <u>tgilbert@afpdocs.com</u> or <u>theresahgilbert@gmail.com</u> or by phone at (540) 247-5612

As your faith community nurse, I am here to serve as a bridge to better health, meeting the wholistic healing mission of the church by partnering with the pastor as a healer of the spirit, mind and body.





## The Church Picnic Saturday, August 13th

The church picnic was a success because of you. Laughter and love were spread throughout the day. It allowed for a time of fellowship for members and newbies. It gave different morning congregation members a chance to reconnect. Thanks to those who constructed the water slide as it was enjoyed by children and adults. A special thanks to all of you who brought delicious food and spent time collecting what was needed for the picnic. All of you who set up games, face painting and other special behind-the-scenes labors of love, thank you.









## **September 2022 Relay for Life Newsletter Article**

The website for 2022 is on the Relay for Life website. Please go on the website and register for The Believers team as soon as you can. You must register every year. We are hoping to grow our team this year. The event will be on Saturday, September 10, 2022 from 3:00 p.m. to 11:00 p.m. at the Stonewall District Ruritan grounds.

The theme for this year's event is "Board Games" and our team will be constructing a giant Twister game!! Dare you to come and play with us ©

#### **Fundraisers**

- 1. The week of the Frederick County Youth Fair, **July 25**<sup>th</sup> **29**<sup>th</sup>, we sold selling **homemade pies, cakes and cookies for** dessert with the Ruritan Club's BBQ chicken dinners. We raised \$1,685.00 for our team.
- 2. We also had a bake sale at Touch a Truck last Saturday with more sales at church on Sunday. We raised another \$288.00. The items left over from those sales were donated to the Evan Home.

We will be selling luminaria bags and lanterns after both services until the Sunday before Relay.

We are now collecting tall cans of pet or people food to place in luminaria bags the day of the Relay event. We will be using the Red Bin in the Narthex. All cans collected will be distributed to the Rescue Mission and/or a pet shelter.

Please let me know if you have any questions. <a href="mailto:theresahgilbert@gmail.com">theresahgilbert@gmail.com</a> or (540) 247-5612

Our mission is to save lives, celebrate lives, and lead the fight for a world without cancer. We thank you for your support!

Theresa Gilbert and Lisa Garver, Co-Captains





#### **CCAP Corner**

September, 2022

CCAP is a cooperative effort of individuals, civic groups, businesses, and religious communities in Winchester and Frederick County. They have unified to provide financial, material, and supportive assistance in a loving way. Even with the help of existing social service programs, CCAP clients are unable to meet their needs and responsibilities. CCAP's desire is to do God's work in a world where many basic human needs are simply not met.

The Clothing House renovation is complete!! The house is open and busier than ever. We could really use volunteers to help stock the house. CCAP is signing up new clients almost daily as the demand continues to rise for those trying to meet their daily needs. Because of the generosity of our church and many others, we can provide free clothing to all clients. **Volunteers** are needed in the Clothing Areas – Any hours between 8:30 and 1:00, Monday thru Friday would be helpful. We are also looking for volunteers to help sort our bi-annual donation from Rhea-Lana. Sorting times will be Wednesday, 9/14 from 9-3, Thursday, 9/15 from 9-1, and Friday, 9/16 from 9-12. Cheryl Jones, Kathy Dixon, Penny Croll and I volunteer regularly in the Clothing House. Please reach out to any of us or anyone on the Outreach Team if you would like to volunteer.

Our Burnt Factory Team is still packing **food boxes on the first Monday night** each month. Because of the Labor Day Holiday, we will be packing on Tuesday, 9/6 starting at 5:30. We usually finish up by 7. Join us if you can.

#### **Current needs at CCAP:**

- Men's Fall clothes, especially jeans, smaller sizes of men's pants, t-shirts, hooded sweat jackets, sweatshirts, sweatpants, and belts
- Fall clothes for women, teens, boys, and girls
- Fall Clothes for sizes 2T thru 5T
- Girls and little girl's dresses
- Shoes all sizes and genders
- Jackets all sizes and genders
- Women's purses
- Bath towels and bedding all sizes
- Tents and Sleeping Bags

Donations can be dropped off Monday-Wednesday 10am-1pm.

Please contact me or anyone on the Outreach Committee if you have any questions about CCAP.

## Patty Leonard - Outreach CCAP Rep





## BURNT FACTORY UNITED METHODIST MEN SEPTEMBER 2022 NEWSLETTER

We are hoping to continue our 'Roof Wreckers' Men's Gatherings this fall. Be on the lookout for more news on this front.

Our potato patch is doing pretty good this summer. Dave Darsie has been tilling the rows to keep the weeds down and he and I have been spraying deer deterrent on the plants to keep the deer from eating the plants. We had 9 rows adopted by church members to help weed and hoe the potato plants and that has been a great help. All potatoes grown are donated to local food pantries.

The UMMen will be making a decision on Apple Butter 2022 at their first post COVID meeting on August 24, 2022.

If you have any questions concerning Men's Ministries at Burnt Factory UMC, please contact me (540) 207-

7404; tamtut@comcast.net

Steve Cunningham

President Burnt Factory UMMen





## From a branch on the Vine,

As I pick up a stray piece of trash at the shelter (you know those salt and pepper packets that escape from the utensil packs), I wonder if people will notice or if it even matters. I tell myself, this task really doesn't require such a diligent response, or a better idea is someone else can do their part. What is good enough? Especially at the end of a long day. Does it matter? Who will notice?

We all decide when we are done with a job and how much effort to put in. As I have been shelling beans the last few weeks, I look at a pod that is only half filled out. Is it worth the effort? After planting, weeding, watering, and picking,

yes, every bean counts. I tell myself; how can I leave some behind. I know they want to join their friends in the pot (and my belly). I am motivated to do my best (although that does wane at the end of the season).

Paul writes to us:

<sup>23</sup> Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, <sup>24</sup> since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. Colossians 3:23-24

Not sure he ran after a salt pack blowing across the yard or took time to make center pieces for a luncheon, but he is right. Our motivation is not to get by with the minimum effort or check off the list that we did it. What we do and how we do it as Christ's representatives is our witness to the world. Do you want to please God? Do your best at the task before you trusting your effort is known to you and to God.

What if God was your boss? Would you act differently? Maybe fewer short cuts or justifications for giving up. Do you think God would be a taskmaster with stern words, criticism or holding power over you. I see more of a teacher, a leader to the right way. With encouragement and compassion, God would help us to do our work better. That is what He is doing in your life right now. The benefits of working for God are better relationships, less stress, more joy, and the knowledge that, in His will, you are pleasing God. And, how about the benefits package?

At times, we don't understand what God wants from us. He wants you to do what he has equipped you to do. Not as an afterthought, but as the first thought when you undertake each and every task. At your secular job, in your family, in your place in the body of believers, it is the Lord Christ you are serving.

I may not get the notice from others, but I know God is present on the job with me; and He is worthy of my best.

In Christ, Reb





# What's Happening Down the Worship Road

Sept. 4th Holy Communion Luke 14: 7-14

Sept. 11th We will begin a 3-part sermon series intitled "The Elephants in the Room"

The first Elephant in the room is "The Elephant of Anxiety"

Sept. 18th We will tackle "The Elephant of Addiction" in today's message.

Romans 7: 15-24 and 1 Corinthians 10:13

Sept. 25th "The Elephant of Depression" is our concentration today.

Psalm 37: 1-9 and Lamentations 3: 17-26

Have you given your email address to Keith Roberts, yet?

Pastor Steve has special notices he needs to send to those who attend Burnt Factory. The notices will include not only prayer concerns, but also schedule changes during bad weather.

Keith keeps an email list in his computer for just such purposes. Your email address is protected and emails are sent, recipients not disclosed, to protect your privacy.

Kindly send your email address to Keith Roberts at john.k.roberts@comcast.net with the message:

## PUT YOUR BEST FOOT FORWARD



"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving." Colossians 3:23-24

# September 2022

I was glad when they said to me, "Let us go to the house of the Lord!" Psalm 122:1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		30 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	31 9:30am-1pm Pastor's Office Hours	1 7-8:30pm Boy Scouts	2	3
4 RFL Food Cans 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship	5	6 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	7 9:30am-1pm Pastor's Office Hours	8 7-8:30pm Boy Scouts Outreach Team 7pm-8:30pm	9	10 3pm-11pm Relay for Life Stonewall Ruritan Fairgrounds
11 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship Emmaus Gathering 12:30-3:00 Robinson Reunion 1pm-5pm Shelter	12	13  12pm-2/4 BLT  6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	9:30am-1pm Pastor's Office Hours	15 7-8:30pm Boy Scouts	16	17
18 8:30am-In-Person Worship 9:45am-Sunday School 11am In-Person Worship 12pm-1pm Salvation Army Luncheon CCAP	19	20 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	21 9:30am-1pm Pastor's Office Hours  12-1:30pm Pathfinders Ministry	7-8:30pm Boy Scouts	23	24
25 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship	26	27 12pm-2/4 BLT 6:30pm-7:30pm Choir Practice 7:30pm-8:30pm Praise Team Practice	28 9:30am-1pm Pastor's Office Hours	29 7-8:30pm Boy Scouts	Women's Retreat @Camp Overlook Sept. 30- Oct. 2	

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## BURNT FACTORY UNITED METHODIST CHURCH



September 2022

Sharma Lewis, Resident Bishop Virginia Conference The Rev. Dr. Victor Gomez, District Superintendent Winchester, VA 22601 www.winchesterdistrictumc.org



## When is the first day of Autumn?

The September equinox marks the sun's crossing above Earth's equator, moving from north to south. The next September equinox will fall on September 22. This date marks the start of fall in the Northern Hemisphere and spring in the Southern Hemisphere.

