

SMOKE SIGNAL

2023

Our Mission Statement

Sharing the love of Christ with ALL people.

“Let your light so shine before men that they may see your good works and glorify your Father who is in heaven.”
Matthew 5:16

Burnt Factory United Methodist Church
1943 Jordan Springs Road
P. O. Box 399
Stephenson, Virginia 22656
burntfactory.org
PH: (540) 667-4993

Pastor's Message



On this first day of July, I will be starting my nineteenth year in pastoral ministry and my eighteenth year as being the pastor of Burnt Factory UMC. My family and I have been extremely blessed to be in partnership with all of you as we have together, served our Lord and Savior Jesus Christ. I cannot even begin to count all the blessings that have been poured out upon me and my family over these many years. The support, encouragement, and love that you have bestowed upon us is very humbling and Melanie and I are so appreciative.

This community of believers truly and genuinely practices the credo that the church adopted right from the beginning of my tenure at Burnt Factory. We agreed to make Bishop Robert Schnase's thoughts from his book, *The Five Practices of Fruitful Congregations*, the centering premise of our foundational mission statement and this church has lived up to the standard!

Burnt Factory has, to the best of their ability, strived to:

- Practiced *Radical Hospitality*.
- Practiced *Passionate Worship*.
- Practiced *Intentional Faith Development*.
- Practiced *Risk Taking Mission & Service*.
- Practiced *Extravagant Giving*.

Is Burnt Factory a perfect church? Of course not. Like the broken world we live in, we face challenges and struggles every day. Sometimes we get it right, God be praised! Sometimes we get it wrong, God forgive us! One thing is for sure, with humility and gratitude, we have sought to live out the motto we established also from the beginning of my tenure, which is to:

“Share the love of Christ with all people,” and to “Let your light so shine before men that they may see your good works and glorify your Father who is in heaven.”

I found this quote the other day, but I didn't find the author's name. I believe it captures our faith community very well and perhaps speaks to what we are navigating through at present. It reads:

“One of the great phrases of the Bible is, “one another.” Love on another. Pray for one another. Encourage one another. Admonish one another. Greet one another. Serve one another. Teach one another. Accept one another. Honor one another. Bear one another’s burdens. Forgive one another! Community is not just a place for the suffering to find comfort but for the comfortable to find suffering and thereby draw closer to the cross of Christ who suffered for us all.”

As Burnt Factory navigates through a season of change called disaffiliation, I believe that since the straw vote has been completed, I would share just briefly a few things that may help to quell some anxiety, fear, and mistruths, about the potential future of Burnt Factory. If the church votes, at their official binding vote (not scheduled yet but thought to be in mid-August) to leave the United Methodist Church, and if on October 7, 2023, the Virginia Annual Conference approves that disaffiliation, then Burnt Factory will be entering into a new season in their history. So, this is what I know, as subject to the church's approval, and as shared with me from the *Servant Team*.

Burnt Factory will seek to become an Independent Methodist Church, keeping our Wesleyan spirit. We will adhere to the exact theological history and heritage that we have always adhered to. The practice of ministry that we have participated in will not change one iota. The doctrine, stances and principles that are embraced now will still be embraced. Our connection to UMVIM (United Methodist Volunteers In Mission) will still be intact. Our access to liturgical and educational materials will not be changed. In truth, the only thing that will change will be our governing body, the ownership of property, and our way of doing the business part of being a church.

The church has chosen, at least according to the straw vote, that 77% of the professing membership desire to keep the Book of Discipline the same regarding the issues that have divided the denomination. They believe that the theological changes that are going to be made (but have not been made yet) are not in keeping with biblical truth. If disaffiliation becomes a reality, then I simply suggest that everyone make their individual decisions about being a part of an Independent Methodist Church or not, be made in light of your conscience. I plead with all of you, as your pastor, to please base your decisions off facts, not mistruths or exaggerated theories or conjecture.

All the things that have made Burnt Factory who they are and what they are will not change! Please, consider giving this potential new reality a chance. I beg, practice patience. I have learned that making decisions based off anger and before one knows all the facts, is not usually a good idea. Let's see how it plays out and if you need to make a move, come, and talk about it. The church will help you with options. I love Burnt Factory and if disaffiliation, for some unknown reason or scenario, is not approved for disaffiliation, I certainly desire to remain as your pastor if it is still the church's desire to have me. If the church does disaffiliate, it is also my desire to lead the church into this new season. My decisions, as always, are based upon what my Lord and my God reveals to me.

I hope and pray that this letter will give you some much needed food for thought. As always, I am willing to schedule a meeting with anyone who needs to talk.

Moving forward, I want to share a few important opportunities.

- July 23 @ 2:00 in the sanctuary, I will be holding a gathering time in the sanctuary and inviting anyone who would like to ask questions, share their hurts & disappointments, to proclaim their theology, or to inquire about my theology, to come and in the spirit of love, prayer, healing, and mutual respect come and share. We will have a healing service time.
- There will be a pastoral letter being mailed out soon, that will also, hopefully, give you more food for thought, as we navigate these turbulent seas.
- When the Servant Team receives the date and time of the final binding vote and final financial payment to the conference, they will certainly get that information to all the professing membership as soon as possible.
- Questions to think about:

Can Burnt Factory, one way or the other, agree to disagree, as we have done for the last 17 years?

Can we still be together even if we are not unified in theological interpretations?

Can we still grow from being united in mission & service?

Can we still come to the Table of the Lord knowing that we all sin & fall short of God's glory?

Can we still proclaim that we do not know it all and are better together than apart?

Can we still look to the bigger picture and value vitality & fruitfulness over our disagreements?

Burnt Factory is going to keep on striving to proclaim the *Good News* and to serve in the name of Jesus! Burnt Factory will still be the loving and serving church we have always been!

Therefore, if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus.

Philippians 2: 1-5

Your servant in Christ Jesus, with love,
Pastor Steve





- 1st Mike Gerometta
Logan Davis
- 5th Diann Duvall
- 6th Kathy Hunt
Isabella Repine
- 7th Luke Leonard
- 9th Aimee Taylor
Tim Heinlein
- 10th Brooks Sutphin
- 11th Mike Goode
- 14th Collin Stinnette
- 18th Erin Woods
Avery Woods
Lander Manuel
- 21st Martha Ludtke
Amy Shepley
- 22nd David Peterson
- 23rd Danny Murphy
Norbert "Norby" Bonjo
- 24th Jamar Thomas
- 25th Judi Eckert
- 26th Karen Swisher
Debbie Walker
Olivia Tristan Goode
- 27th Irene Raynard
- 28th Page Manuel
Elijah Britton
Landon Orndorff



- 7th Glen and Julia Boudier
- 10th Chad and Rennie Earhart
Glen and Carrie Fair
Mark and Lucinda Lentz
- 15th Richard and Bonnie Henry
Sequoia and Stephanie Britton
- 24th Chad and Tabitha Lee
- 25th Ken and Mary Lou Wales
- 28th Danny and Amye Murphy

International Joke Day is July 1st

Why are jokes great?

1. They remind us we are human and bind us together, no matter the culture.
2. It is the best medicine. Laughing has a positive effect on the mind and body. It gives the immune system a boost by decreasing hormones. It improves the heart by increasing blood flow.

Buddy's Jokes

1. What happens when a frog's car breaks down?
2. What do you get when you cross a bike and a rose?
3. How do you stop a dog from barking in the back seat of a car?
4. What has a horn and sells milk?
5. What does a cow make when the sun comes out?
6. What lands on its tail as often as its head?
7. When a duck goes shopping, does he pay by cash or check?

God knows every detail about your life and who you are. He has special purpose just for you. And he'll continue to give you all you need to fulfil them. Let's get to work!!!

Happy trails to you until we meet again. Keep smiling until we meet again.

Love,
Margie and Buddy

ANSWERS ARE ON THE NEXT PAGE.
LOOK FOR THE FIRECRACKERS.



From a branch on the Vine,

Is there one way to the Father? Yes!

⁶ Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me. ⁷ If you really know me, you will know my Father as well. From now on, you do know him and have seen him." John 14:6-7

Faith in Jesus brings into right relationship with God Almighty - you are a Christian and you are saved.

Is there one way to Jesus? No. There are as many ways as the hearts of people will allow. God created an infinite combination of experiences, feelings, and actions that He endeavors to call His children. People are beautifully unique and weird enough to make it interesting. Each of us is special. The common ground we seek is Jesus. Our path to Jesus is as different as our fingerprints.

In the church, we have corporate worship, bible study, praise and fellowship. That's good, but do you prefer an upbeat, energy-packed worship or maybe a reflective, reverent time? Either can get us into communion with God depending on what moves us. I am not much for fog-machines or repeating the same chorus over and over again. That doesn't make it less worshipful for someone else. I tend to lean to the joyous celebration of worship with some hands-up, praising amen – not everyone's cup of tea. One way is not better than another as long as the way points us to Thee Way.

We also have our personal relationship with God through prayer and conversation, reflection and just being present with an open heart. God is so amazing! It feels right to let His Spirit wash over us, smooth out our edges, mitigate our troubles and remind us of our blessings. You can find God in His creation with a walk amongst the flowers and trees or listen to the water fall over the rocks. Sitting on my deck and seeing a bluebird or goldfinch hop along the branches gives me joy and peace (as opposed to a chipmunk stealing bird seed and putting holes in my yard. Moles don't make me happy, either).

You may also find God in the bonds we have with other people. It is a good and joyful thing to love and be loved. We cherish, we learn, we mature by connecting with others. God is in all of that whether we acknowledge Him or not. Again, people are weird enough to make life interesting. Of course, each relationship can teach what to do and what not to do. Every encounter, stranger or friend, is God's family reunion.

Whatever brings you to accept Jesus as your Savior is the right way for you. We may not agree on the path, but we can agree on the destination. Do we spend time debating the right way to get there or can we focus on and celebrate the destination? Our paths (and our opinions) should not be a stumbling block to anyone who is seeking Jesus. In fact, it is cause to rejoice when anyone accepts Jesus.

In the same way, I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents."
Luke 15:10

When anyone comes to know Jesus, it is victory for all of us. Quit finding fault and give praise. We are to go and make disciples of Jesus Christ for the transformation of the world.

In Christ, *Reb*

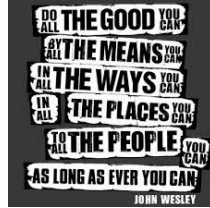


1. He gets it toad away.
2. Bicycle Petals
3. Put him in the front seat.
4. A milk truck
5. A shadow
6. A coin
7. Neither, he puts it on his bill.



Our next meeting is scheduled for Saturday, July 15th at 10:00 am. Our hostesses are Jani Shope and Donna Gallagher. Doris Duvall will be doing our “Call to Prayer” program. We will also be collecting snacks for *Operation Remember*, providing items for residents in nursing homes. Betty Sue Unger from that organization will be present to collect our items. Some suggestions for snacks include: Any type of individually wrapped cakes, cookies, crackers, chips, chocolates; also sugar free snacks.

Debbie Moss



July 12-15— Youth Mission Trip!! Youth will be going on a summer mission trip at Massanetta in Harrisonburg, VA. They will be volunteering with four different organizations including *Hope Distributed* (a nonprofit that supplies food, clothing, and furniture to individuals and families that are struggling financially), and *Village 2 Village* (a Christian organization that serves communities both here and abroad).

Please contact Miss Erin for more information:
youth@burntfactory.org, or text 540-535-5283



CCAP Corner

July 2023



CCAP, the Congregational-Community Action Project, is a cooperative ministry of area churches and one synagogue serving Winchester and Frederick County that have joined together to provide financial, material, and supportive assistance to people in need. CCAP is located at 112 and 106 S. Kent Street.

Quarterly CCAP Collection. On Sunday July 2, July 9, and July 16 we will be collecting new men's underwear and socks for the Clothing House. The Red bins will be available in the Narthex through Sunday, July 16. CCAP needs the following items/sizes:

- Men's white athletic crew socks.
- Men's Knit Boxer Briefs – sizes Medium, Large, X-Large, and 2 XL.
- Men's white T-shirts - All sizes except Small.

3rd Annual Bike Tour Benefit ride for CCAP. Saturday, August 26. Volunteers are requested in groups of 3-5 people for a 2-hour shift at the Wellness Center, at Richards Fruit Market or at Fishers Hill. Volunteers are for hospitality purposes such as giving out water and cheering on the riders. The ride will start at the Wellness Center on the Valley Health Campus at 8am. All proceeds from this bike tour will go to CCAP making this more than just a one-day bike tour but also an inspirational event where each cyclists' participation has an impact on the community of Winchester and Frederick County, VA. There are several different rides including 10 miles, 30 miles, 50 miles, 70 miles and an additional 30 miles added on to the 70-mile ride. To volunteer, please go to ccapwinchester.org and click on the bike tour.

CCAP Volunteer Team We will be packing food boxes in the pantry area at CCAP on Thursday, July 13 starting at 5PM. The pantry has been open since February to our CCAP clients. The boxes we pack will be for other food insecure families throughout the Winchester area. Four different locations will be served. We are planning to work two shifts. One shift from 5-6:30pm and the 2nd from 6:30-8pm. If you would like to be part of our team, please let me or anyone on Outreach know. We'd love to have you join us.

The Friendly Neighborhood FREEDGE is open **24 hours** a day at **419 N CAMERON ST** near the **Our Health Campus**. You can drop off any extra food you may have from your cookout; or if you're headed out of town and don't want to throw out what you have in your fridge. Just drop it off at the FREEDGE. Your food can be dropped off directly to the refrigerator at any time.

Current Donation Needs:

- Gently used **summer** clothes, jackets and shoes for men, women, and especially children's sizes. We always need men's jeans and t-shirts and adult backpacks.

Donations may be dropped off Monday thru Friday between the hours of 9am and 2pm at 112 S. Kent St.

Volunteers are always welcomed and appreciated. Please contact me, or anyone on the Outreach Committee if you would like to volunteer.

Thanks so much for your continued support of this important ministry.

Patty Leonard – Outreach CCAP Rep

CHILDREN'S MINISTRY

Our **STELLAR VBS** was “Out of this World”!! We praised, we prayed, and we worshipped God through singing, dancing, and learning. We had a wonderful turn out, and amazing volunteers! Jesus was truly shining His light at our VBS. We were able to collect \$41 and 6 bags of goodies for the local SPCA.

Shine Jesus Light,
Carrie Fair



COMING UP...

SUMMER CAMP
July 10-12 from 9am -1pm

We will have a wonderful time with our theme, “Taste and See that the Lord is Good”. We will be discussing the meals that Jesus shared with His people. And of course, we will be gathering to eat some meals of our own! There will be crafts, snacks, food tasting, activities, and a lot of fun!

Email Miss Carrie to register now!

n2dscripures@hotmail.com

Love,
Miss Carrie



Mark your calendar for the Church Picnic.

Saturday, August 12th 1-5pm



We will share a potluck meal at 1:30pm with the church providing Fried Chicken, Hot Dogs/ Buns, and drinks. This is the social event of the year and a great time to fellowship with your family in Christ. For those of you who have never been to “the church picnic”, this is what you need to know: bring a dish to share, sides, salads, desserts, casseroles. Also, bring a chair or blanket to sit and talk awhile. There will be a waterslide, so come prepared for you, your children, or your grandchildren to get a little wet and wild! A towel will be helpful.

Come and Join in the Fun!



July 16th begins the new rotation for Sunday School:

- **The Faithseekers** (downstairs past the library) will be continuing the NOOMA video series by Rob Bell. NOOMA is a series of short films that explore our world from the perspective of Jesus.
- **The Grace Class** (lower cottage) will be sharing and studying scripture passages from each person.
- **The Unity Class** will continue to gather in the Fellowship Hall.



Have you given your email address to Keith Roberts, yet?

Pastor Steve has special notices he needs to send to those who attend Burnt Factory. The notices will include not only prayer concerns, but also schedule changes during bad weather.

Keith keeps an email list in his computer for just such purposes. Your email address is protected and emails are sent, recipients not disclosed, to protect your privacy.

Kindly send your email address to Keith Roberts at john.k.roberts@comcast.net with the message:

“ADD ME TO THE CHURCH EMAIL LIST”



FREEDOM

“For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another.” Galatians 5:13

On **July 4, 1776**, the Second Continental Congress unanimously adopted the [Declaration of Independence](#), announcing the colonies' separation from Great Britain. The [Constitution](#) provides the legal and governmental framework for the United States, however, the [Declaration](#), with its eloquent assertion “all Men are created equal,” is equally beloved by the American people. By the 1870s, the Fourth of July was the most important secular holiday on the calendar. [Congress](#) passed a law-making Independence Day a federal holiday on June 28, 1870. Even far-flung communities on the western frontier managed to congregate on Independence Day.



Celebrate our nation's independence a day early at Rockin' Independence Eve, a free, family-oriented event that's fun for all ages. This All-American event in Old Town Winchester includes live music, food and drink, and fireworks. **Mon, Jul 3, 5 – 11 PM**

CONDOLENCES

*As many have experienced the loss
of a loved one, please remember
them in prayer:*

**Rhonda Snyder and family at the
passing of her mother, Bonnie Keplinger**

The Ann Ellington Family

**Ruth Golden and family at the passing of
Tom Golden**



Be strong and courageous. Do
not be afraid or terrified
because of them. For the Lord
your God goes with you; he will
never leave you nor forsake
you.

Psalm 34:18 "The Lord is near to the brokenhearted
and saves the crushed in spirit."



*God has called
home another
blessed and faithful
saint. He will also
embrace you with
His love at this
time.*





July is **National Ice Cream Month**, and you have Kentucky to thank! In 1984, Senator Walter Dee Huddleston of Kentucky introduced a resolution to proclaim the month of July 1984 National Ice Cream Month and the 15th of that month National Ice Cream Day. Ronald Reagan signed the bill into law the same year, and the rest is history! Even though the bill only specified that July 1984 was National Ice Cream Month, the tradition carries on—much to our pleasure. Celebrate with us this July!

- A regular person from the U.S. enjoys 23 pounds of ice cream per year.
- We don't know who invented ice cream, but it was consumed in China sometime between 618-97 AD, and it is believed that it was said that the first dish similar to ice cream was made from flour, buffalo milk, and camphor, a natural compound used in lotion.
- A dairy cow can produce milk for about 9000 gallons of ice cream in its lifetime.
- The top flavor of ice cream in the United States is vanilla.
- <https://kidsactivitiesblog.com/180879/national-ice-cream-day/> for activities, coloring sheets and recipes.

Greetings from the Outreach Team!

It is the start of summer, and *The Outreach Team* is so pleased and excited to be sending the first group in years out on a mission trip. We have eight people traveling to Pennsylvania to help repair damage to homes from Hurricane Ida in 2021. The devastation from that storm is still being felt and we are blessed to be able to share and show the love of God through this effort.

June also saw the return of the beloved *Spaghetti Dinner and Basket Auction* hosted by *The Believers*. What great fun and great food! This event benefitted [Helping Hands Cancer Outreach](#). Helping Hands is a nonprofit, all volunteer organization that provides financial assistance to cancer patients. They also aid those who have lost loved ones to the disease with assistance for funeral expenses.

The Outreach Team continues to serve, but we would love to have you join us. There is so much need and we respectfully and prayerfully ask that you consider spending some time serving with us. There are many ways you can contribute. It does not need to be a big commitment of time. It is fun AND rewarding. Contact myself or any of the team members if you would like to know more.

Grace and Peace,

Sharon Woodard, Outreach Chair



WATTS Newsletter Update July 2023

During this yard sale season, remember our **WATTS** ministry. We are always in need of larger size clothing items including coats, jackets, sweatshirts, sweatpants, blue jeans, and shoes among other clothing items. If you have any of these gently used items let me know and I can gather them from you and hold them for our week of hosting our WATTS guests this fall.

Cheers-To-Charity will be sponsoring a *DayLilly Daze* to benefit WATTS and can use some volunteers to assist with their efforts. It is a one day only event on Saturday July 8, 2023 and is located at 454 Marple Road Winchester VA 22603. Sign up Genius is below

[Cheers to Charity: 10th Annual Daylily Daze 2023 - Saturday, July 8th \(signupgenius.com\)](https://www.signupgenius.com)

WATTS' BBQ Chicken Dinner is scheduled for July 15 at The Winchester Moose Lodge

Take-outs only and picked up via drive thru - we will sell from 11:00 AM until 2:00 PM or until sold out so pre-orders are encouraged. Go to <https://www.eventbrite.com/.../watts-chicken-barbeque...> or click on the 'ticket' link.

½ chicken only - \$9.00

½ chicken with 2 sides - \$12.00

Sides are coleslaw and macaroni salad, and the \$12 meal includes a roll and bottled water too!

If you have any question about the WATTS ministry, please let me know.

SUMMER SERIES

TAKE-OUTS ONLY | DRIVE THRU
Pre-orders encouraged

WATTS

**BBQ CHICKEN
DINNER FUNDRAISER**
TO BENEFIT WATTS COOLING CENTER

½ chicken only - \$9.00
½ chicken with 2 sides - \$12.00

New for July!
Order a meal for a guest
at our Cooling Center!

Saturday, July 15, 2023
11:00 AM - 2:00 PM (or until sold out)
Winchester Moose Lodge - 215 E. Cork Street

Pre-order on [eventbrite.com](https://www.eventbrite.com) - "WATTS Chicken Barbeque Fundraiser" in Winchester, VA

Steve Cunningham
WATTS Lead Volunteer
tamtut@comcast.net
(540) 207-7404



Burnt Factory United Methodist Men July 2023

Potatoes are growing very well despite the dry conditions. The deer have discovered our green vines in the midst of dying grasses, but we have begun applying deer deterrent to keep our four legged visitors at bay. If you volunteered to adopt a row, now is the time to be in the patch pulling weeds and caring for your row. This is a very convenient way to be in ministry.

Mark your calendars now for Apple Butter 2023 to be held on October 21st so mark your calendars for these important dates:

- **Thursday October 19th** with apple peeling and snitting will take place all day until we have completed all of the 50 bushels of apples to be made this year
- **Friday, October 20th at 9:00 AM** we will wash the peeled and quartered apples to be ready for making of apple butter. We will also set the kettles and put up tarps to keep the kettles clear of leaves and other falling debris. At Midnight we will begin to cook the apples and will need help overnight stirring the apples and keeping the fires going. This is a long process and is done easier with plenty of help to give breaks to our kettle stirrers. Then the delicious product will be coming off to be jarred in the early afternoon. Look for more details.
- **Saturday, October 21st** Breakfast is served at dawn, and we need more crews to come in and relieve the night crew and to assist with the final processes and jarring of the apple butter. Hopefully the product will be ready to jar around Noon.

Apple Butter this year will be \$10 per quart and \$5 per pint if you provide your own brand new pint jars, \$6 per pint if the delicious Apple Butter is provided in one of our pint jars.

If you have any questions concerning Men's Ministries at Burnt Factory UMC, please contact me.

(540) 207-7404; tamtut@comcast.net

Steve Cunningham

President Burnt Factory UMMen

WATTS PROGRAM

Thanks to the local churches for providing this opportunity and providing soap and shampoo, as well.



Faith Community Nurse
July 2023

Heat Exhaustion/Sunstroke



The summer sun in moderation is healthy but can become dangerous if the body gets too warm. Excessive activity, exercise or time in the sun will increase if the body's temperature which makes you sweat in an effort to release that extra heat. Sometimes this response becomes overloaded, shuts down, and causes a potentially life-threatening condition known as heat stroke or sunstroke. Your symptoms can range from clammy skin, dry mouth, fatigue, dizziness, and headaches to an absence of sweating, shallow breathing, confusion, loss of consciousness, and even death.

This rise in body heat can also occur if you participate in an excessive amount of exercise without replacing the body's fluid. A loss of fluid will occur at a faster rate if your activity is outside in the heat or during times of high humidity. Because of this rapid loss, you will not be aware of your dehydrated state, and you will become overheated very quickly. To combat the risk of heat stress or stroke, when exercising or working in a hot environment you must drink, 2 – 4 glasses of water (16 – 32oz) each hour to replace the fluids lost through sweating.

To prevent heat stress or the more serious condition of heat stroke, it is important to know risk factors and tips for prevention. High risk individuals are infants, toddlers, and the elderly as they are not able to control their body's heat as well as adults. People with disabilities, chronic diseases, certain medications, and working environments in extreme heat are more susceptible to heat illnesses. Be observant. Decrease the possibility of heat illness by dressing in cool clothing and drinking plenty of fluids without caffeine. Ask your doctor about side effects of your medications, stay in cool places when it is hot and humid, and find shade when working or playing in the heat.

(Source: CDC www.cdc.gov/niosh/topics/heatstress/)

"They will neither hunger nor thirst, nor will the desert heat or the sun beat upon them. He who has compassion on them will guide them and lead them beside springs of water."

Isaiah 49:10 NIV

Continually **praying for your health and well-being.**

Theresa

You can reach me at any time by e-mail at tgilbert@afpdocs.com or theresahgilbert@gmail.com or by phone at (540) 247-5612

As your faith community nurse, I am here to serve as a bridge to better health, meeting the wholistic healing mission of the church by partnering with the pastor as a healer of the spirit, mind and body.





The Believers – July 2023

THANK YOU!!!!!!

Thank you for making our spaghetti dinner/basket auction such a success. It was wonderful too look out over the crowd and to see people smiling and laughing and having a great time just being in fellowship with each other.

I heard so many compliments about how good the spaghetti and salad tasted!!

Thank you to the team members and volunteers that came out Friday evening to chop the onions for the spaghetti sauce, to peel and dice the apples and to cube the cheese for the salad and to set up the tables for the meal on Saturday. Thank you to the crew that came back on Saturday morning to finish the set up and food preparations. Thank you to everyone that baked a cake for dessert.

A special thank you to Aimee Nuwer the founder of Helping Hands Cancer Outreach for coming Friday and Saturday to help us with anything we needed and most especially for making the beautiful “Helping Hands” table centerpieces from the Hands that you purchased for your loved ones affected by cancer. Thanks also to her son Casey that helped us with all the things on Friday!

Thank you to Ginger McDaniel, friend of the Believers and co-member of Helping Hands Cancer Outreach for helping with everything both days as well.

Thanks to your generosity we raised the following known amounts for Helping Hands Cancer Outreach:

- **Hands for loved ones with cancer** **\$ 320.00**
- **Silent Auction for Children** **\$ 289.00**
- **30 Auction items + 1 chocolate cake.** **\$5740.00**
\$6349.00

Money donated over and above the dinner and/or auction items will be shared along with the total raised from the dinner once all of the start-up invoices have been paid.

We have decided as a group to support the non-profit, [Helping Hands Cancer Outreach](#). The mission of this organization is to help relieve financial burdens to help patients relax during treatment, and to help those who have lost a loved on to cancer through help with funeral expenses. 100% of money raised on their behalf goes to the patients. All applicants are eligible for assistance up to \$3000.00 per year. All payouts are made directly to the billing company, with the exception of medical bills.

“Cancer can touch you, but not your soul; neither your thoughts, nor your heart.”

On behalf of Lisa Garver, Lisa Patterson and myself we appreciate your support.

Theresa Gilbert, RN
Faith Community Nurse



JULY



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|---|
| | | | | | | 1 |
| 2 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship | 3 | 4 5:30-6:30 Praise Team Practice 6:30pm-7:30pm Choir Practice | 5 9:30am-1pm Pastor's Office Hours | 6 7-8:30pm Boy Scouts 7-8:30 pm Outreach Team | 7 | 8 |
| 9 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship | 10 Children's Summer Camp 10 th -12 th | 11 12pm-2/4 BIT 5:30-6:30 Praise Team Practice 6:30pm-7:30pm Choir Practice | 12 Youth Mission Trip 12 th -15 th 9:30am-1pm Pastor's Office Hours 7-8pm Church Council | 13 7-8:30pm Boy Scouts | 14 | 15 10-11:30 am Women In Faith |
| 16 8:30am-In-Person Worship 9:30-10 am Blood Pressure Checks 9:45am-Sunday School 11am In-Person Worship | 17 | 18 5:30-6:30 Praise Team Practice 6:30pm-7:30pm Choir Practice | 19 9:30am-1pm Pastor's Office Hours | 20 Noon-1pm Salvation Army Lunch@ CCAP 6-8pm Ben and Cindy Reception Fellowship Hall 7-8:30pm Boy Scouts | 21 | 22 |
| 23 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship | 24 | 25 12pm-2/4 BIT 5:30-6:30 Praise Team Practice 6:30pm-7:30pm Choir Practice | 26 9:30am-1pm Pastor's Office Hours | 27 7-8:30pm Boy Scouts | 28 | 29 |
| 30 8:30am-In-Person Worship 9:45am-Sunday School 11 am In-Person Worship | 31 | 1 August 5:30-6:30 Praise Team Practice 6:30pm-7:30pm Choir Practice | 2 9:30am-1pm Pastor's Office Hours | 3 7-8:30pm Boy Scouts | 4 2:30-5:30 Youth Joseph Shenandoah University | 5 |

C. Steven Melester, Pastor
Burnt Factory United Methodist Church
1943 Jordan Springs Road
P.O. Box 399
Stephenson, VA 22656
PH: (540) 667-4993
www.burntfactory.org

BURNT FACTORY
UNITED METHODIST CHURCH



July 2023

Sue-Haupt-Johnson
Resident Bishop
Virginia Conference
Richmond, Virginia

The Rev. Dr. Victor Gomez, District
Superintendent
Winchester, VA 22601
www.winchesterdistrictumc.org

